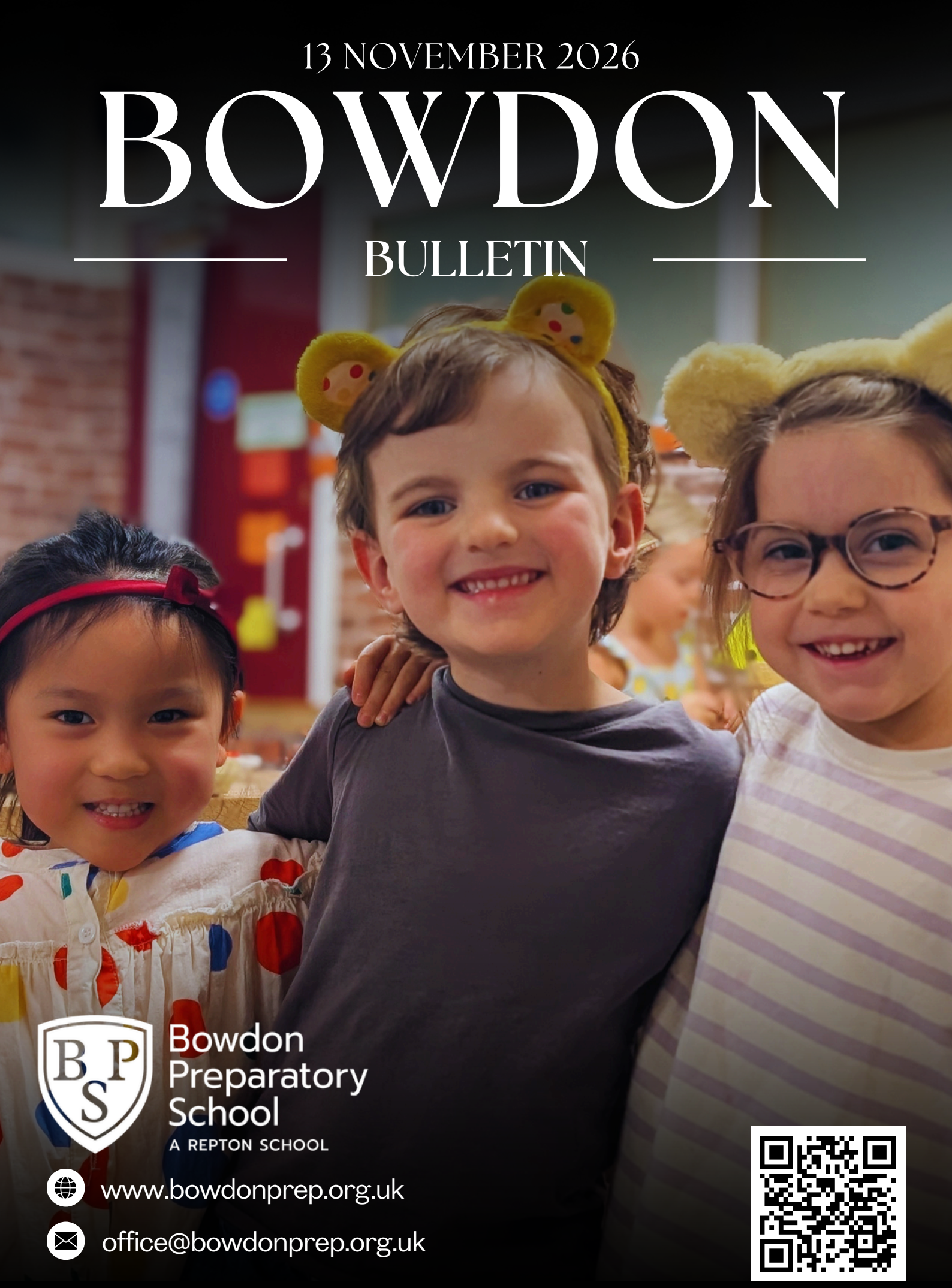
13 NOVEMBER 2026

BOWDON

BULLETIN



Bowdon Preparatory School
A REPTON SCHOOL

www.bowdonprep.org.uk

office@bowdonprep.org.uk

COMMUNICATION. CURRICULUM. CARE.



In this week's Bowdon Bulletin

Care for all
Supporting Wellbeing Across Our School Community

Communication
Key dates
School information
Mrs Abbey's Menu

Community
BPS and beyond

Curriculum
Commitmment to excellence

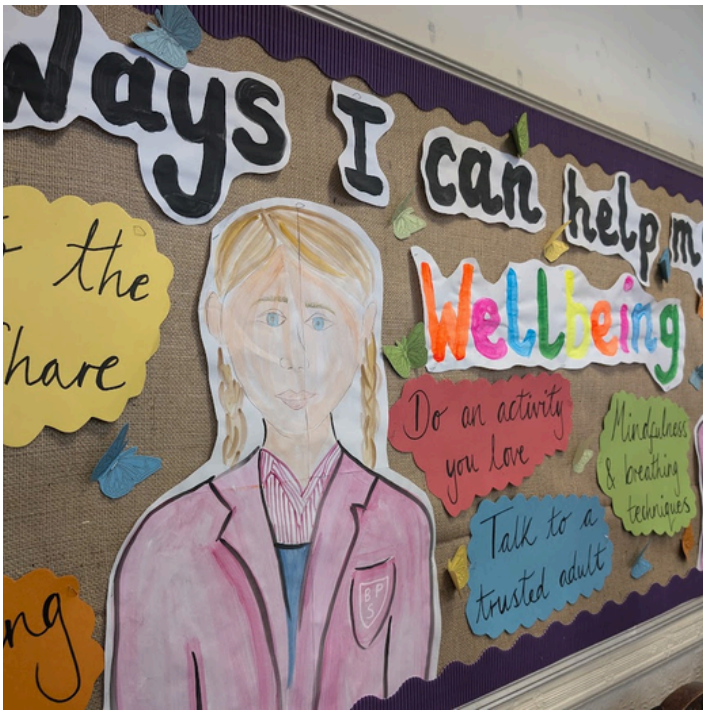
Sports News

Staff of the Week

Links of Kindness: Bowdon Prep Unites to Speak Out During Anti-Bullying Week

This week, our pupils proudly wore odd socks to mark the launch of Anti-Bullying Week and celebrate the individuality that makes our school community so special. The colourful display of mismatched socks was a wonderful reminder that our differences should be embraced and celebrated, and that everyone deserves to feel valued, respected and included. This simple act of solidarity has helped us begin an important conversation that will continue throughout Anti-Bullying Week.

The theme of this year's week is "Speaking Out", and throughout the week pupils will explore what this means through daily discussions, assemblies and classroom activities. Children will be encouraged to recognise the importance of using their voice when something does not feel right, supporting others who may need help, and understanding that speaking out can be one of the most powerful ways to create a kinder and safer community.





Our Anti-Bullying Week activities closely reflect the values that sit at the heart of Bowdon Prep: Care for All, Commitment to Excellence, and Working Together. By encouraging children to listen to one another, show empathy, act with integrity and stand up for others, we are helping them develop not only as learners, but also as compassionate and responsible members of society. These values underpin our vision of nurturing confident young people who believe in themselves, persevere through challenges and succeed together.

One of the highlights of the week will be our whole-school Links of Kindness project. Beginning in Mrs Makepeace-Taylor's office, pupils will create a growing paper chain made up of individual links. On each link, children will write an example of how they can speak out for themselves or others, demonstrate kindness, include someone who feels left out, or support a friend in need.

As the week progresses, these links will be joined together to create one continuous chain, with our ambitious aim of stretching all the way from Mrs Makepeace-Taylor's office to the Art Room. Every link will represent a small act of courage, kindness or support. Together, they will form a powerful visual reminder that positive actions, however small, can have a significant impact when we work collectively.

The completed chain will symbolise the strength of our school community. Just as each individual link contributes to the overall chain, every member of Bowdon Prep has a role to play in ensuring that everyone feels safe, respected and valued. It will also serve as a visible demonstration of how speaking out for one another brings us closer together and strengthens the culture of kindness we are so proud of.

At Bowdon Prep, we are committed to creating an environment where every child feels known, supported and empowered to flourish. Anti-Bullying Week provides an important opportunity to reinforce this message and remind our pupils that they are never alone. By speaking out, showing kindness and working together, we can continue to ensure that our school remains a place where everyone belongs and every voice matters.

Together, through care, courage and kindness, we can make a difference for one another every day.

Miss K Powell
Head of Wellbeing



Next Week

Thought for the Week Ahead

Safety doesn't happen by accident



Happy Healthy Safe School

Road Safety



Communication
Key Dates

NEXT WEEK
AT A GLANCE
16 NOVEMBER

Bowdon Preparatory School
A REPTON SCHOOL

Y2 Review Meetings Commence

MON

TUES Open Day for Prospective Parents

WED

THUR

FRI

After School Club ***cancellations***

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Key dates

Autumn Term 1

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Nov School opens Y6 review meetings commence	3	4 Online Meeting: Y5 residential - 6pm	5	6 BPS Society annual disco
9 First Aid worshops	10 Class Rep Meeting - 9am Y6 outward bound - online meeting - 5.30pm	11 Y2 Trip	12	13 Children in Need/ Anti Bullying
16	17 Open Day for prospective parents	18	19	20
23	24	25	26	

December 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Nov	1	2 Prep Theatre Trip	3 1.30pm Xmas: KG & R Parents 2.30pm Xmas: Y1 & 2 Parents	4
7	8 Y3 & Y4 Christmas Show 2pm	9 Lower school Theatre Trip	10 Y5 & Y6 Carol Concert - 6pm	11 Christmas Lunch and Christmas Jumper Day
14	15 BPS Society Christmas Fair	16	17	18 Last day of term - school closes at 3.45pm

Bowdon Preparatory School
A REPTON SCHOOL

Clubs

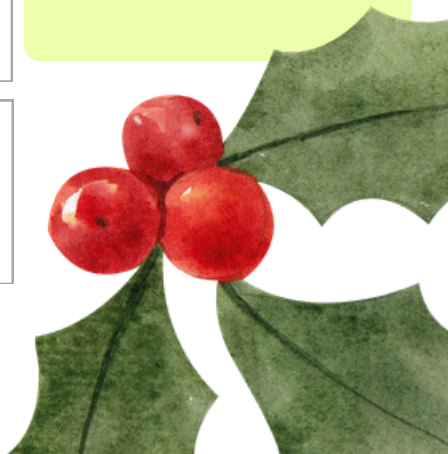
MONDAY
Y1 - Y3 Dance Club
Y5 Netball
Y3 - Y6 Ukulele
Y3 - Y6 Science Club
Y2 Art Club

TUESDAY
Y1 & Y2 Yoga & Mindfulness
Y5 & Y6 Chamber Choir
Y1 & Y2 Recorder Club
Y3 - Y6 Street Dance
Y3 - Y6 Fencing

WEDNESDAY
Y3 - Y6 Multi Sports
Y4 - Y6 Rock Band
Y3 - Y6 A Cappella Group
Y4 Netball

THURSDAY
Y6 Netball
Y1 - Y6 Drama Club
Y3 - Y6 Recorder Club

FRIDAY
Y3 - Y6 Yoga & Mindfulness
Y3 - Y6 Full Orchestra





MRS ABBEY'S LUNCH MENU

WC 16 NOVEMBER

MONDAY →	*Pasta with various sauces* *Broccoli* *Orange Cookies*
TUESDAY →	*Veggie or Chicken Roast Dinner, Roast Potatoes* *Carrots and Cauliflower* *Gingerbread Men*
WEDNESDAY →	*Pizza with various toppings* *Baked Beans and Sweetcorn* *Sorbet*
THURSDAY →	*Quorn or Chicken Escalope, Crispy Potatoes* *Peas* *Fruit or Yogurt*
FRIDAY →	*Veggie or Pork Hotdogs* *Green Beans and Baked Beans* *Chocolate Cupcakes*

Please note, due to manufacturing processes, some products used in the school kitchen state 'may contain nuts/sesame'

The salad bar, with fruit and yogurt (as an alternative to menu desserts) is available each day

Health and Safety Notice

As an 'Allergy Aware School' **- we are a nut and sesame seed free school**
(please note - this includes coconut and hummus)
Please be mindful when sending items into school, including birthday treats.
*** SNACKTIME - fresh fruit or veg please ***
Please cut grapes into QUARTERS (updated advice)

Wreath Making

Everyone welcome! Bring your friends for a festive evening of wreath making.

Open to BPS families, friends and the wider community.

27th November

6:30pm arrival for 7pm start

Sports Hall at BPS

Cost: £50 | Pay on Parent Pay

All proceeds go back into the school towards the playground project.

Come and enjoy a festive evening!

The BPS Society hold **pre-loved uniform** sales throughout the academic year. Parents wishing to purchase pre-loved uniform at any other time should contact the School Office.

THE UNIFORM SHOP OPENING HOURS

TUESDAY 8.10–9AM

Uniform can also be ordered online via the following website
www.pascoeandwillis.com/bowdon-preparatory-school
Password: BPS24





Curriculum @BPS

Standing Together for BBC Children in Need

Pupils wear spots and take on personal challenges to help ensure every child has someone by their side.



Today, we are proud to support BBC Children in Need and its vital theme: "Making sure every child has someone by their side when they need it most." At BPS, we place huge importance on friendship, kindness, and ensuring nobody ever feels alone.

To mark Children in Need Day, pupils are wearing something yellow, red, or spotty in exchange for a minimum donation of £1. Every contribution helps support children and young people across the UK who need guidance and care through challenging times.

Mrs McGrath shared: "It has been wonderful to see the whole school come together in a sea of spots and bright colours today. Events like Children in Need remind our pupils just how much power a simple act of kindness can have, and we are so proud of the enthusiasm and generosity they have shown."

Alongside dressing up, we have encouraged pupils to set themselves a personal challenge—whether that means helping out more at home, completing a sponsored activity, giving up a favourite treat, or carrying out a thoughtful act of kindness. By working together, we can make a genuine difference, and we look forward to sharing our grand fundraising total with you next week once all donations have been counted!





Curious Minds: Year 2 Bring Science and History to Life at the World Museum

Pupils shine during up-close scorpion encounters and Ancient Egyptian discoveries in Liverpool.

Year 2 had a fantastic day visiting the World Museum in Liverpool, bringing their science and history learning to life through fascinating creatures and ancient treasures.

The adventure began in the aquarium, where the children loved observing marine life and discovering more about underwater habitats.

From there, they took part in an engaging invertebrate workshop, coming up close with a hermit crab, cockroaches, an anemone, a land snail, and even a scorpion. Museum staff were hugely impressed by the class's enthusiasm, knowledge, and mature behaviour throughout the session.

The exploration continued in the Ancient Egyptian galleries, where the children excitedly spotted artefacts they had already studied in class, confidently identifying headrests, hieroglyphics, and canopic jars.



Throughout the trip, Year 2 showed wonderful curiosity and represented Bowdon Prep brilliantly. Thank you to the World Museum staff for helping to make the day such a memorable experience—well done, Year 2!



Little Lifesavers: Prep Pupils Master Vital Skills in Interactive First Aid Workshop

The Prep Department was buzzing with excitement as pupils took part in an unforgettable First Aid workshop led by Carl from Kidzfit. Packed with hands-on challenges, interactive technology and real-life scenarios, the session captured pupils' imaginations from the moment it began, while equipping them with vital skills that could one day help save a life.

Throughout the workshop, pupils were placed in realistic situations that required them to think quickly, stay calm and work through problems with confidence. One particularly powerful moment came as they learned how to make an emergency 999 call. As they stepped into the role of first responder, pupils discovered the importance of communicating clearly under pressure and understanding essential information such as their home address. Their maturity, confidence and thoughtful contributions were truly impressive.





The practical nature of the workshop ensured every pupil was fully involved. Whether learning how to support an injured arm, responding to common accidents or exploring what to do while waiting for professional help to arrive, children demonstrated excellent focus and a genuine determination to master new skills.

Perhaps the greatest excitement came during the choking awareness and CPR training. Pupils eagerly practised life-saving techniques on specialist training equipment, embracing every challenge with enthusiasm. Using CPR mannequins connected to an interactive feedback app, they could see their results in real time, motivating them to refine their technique and strive for even greater accuracy. The concentration, perseverance and sense of achievement throughout the room were remarkable.

Carl commented on the pupils' outstanding behaviour, engagement and willingness to participate. Their thoughtful questions and eagerness to learn transformed the workshop into something far more than a training session; it became an inspiring experience that empowered children with knowledge, confidence and a sense of responsibility.

We are incredibly proud of the enthusiasm and maturity shown by our Prep pupils and grateful to Carl for delivering such a dynamic, memorable and potentially life-saving experience.



Lest We Forget: School Community Unites for Moving Remembrance Day Commemoration

Pupils and staff honour those who served with a dignified silence, moving bugle tribute, and Royal British Legion fundraising.

On Wednesday, our school community gathered for a moving Remembrance Day commemoration, observing a dignified two-minute silence to honour the courage and sacrifice of those who have served.

We are deeply grateful to Mrs Makepeace-Taylor and our Charity Captains for their thoughtful and sincere readings, and to Mr Stiles for his poignant performance of the Last Post on the bugle. A special thank you also goes to our Year 6 pupils, whose dedication in running the Remembrance merchandise sales raised vital funds for the Royal British Legion.

We are incredibly proud of the maturity, compassion, and respect shown by all our pupils as they came together to mark this significant day.





Sport @BPS

Year 6 Pop Lacrosse Teams Shine in Thrilling Rematch Against Gawsworth

On Tuesday 10th November, our Year 6 A and B pop lacrosse teams took to the pitch for an exciting fixture against our familiar rivals, Gawsworth. Having narrowly lost to them back in June at the national finals in Stoke, the A team were eager to test themselves once again across four fast-paced, eight-minute matches.



They truly excelled themselves, opening with a hard-fought 8–8 draw before falling just short in an 11–8 second match. Showing remarkable resilience, the team bounced back to claim two brilliant victories, winning 7–6 and 8–2 to secure their best results against Gawsworth to date.

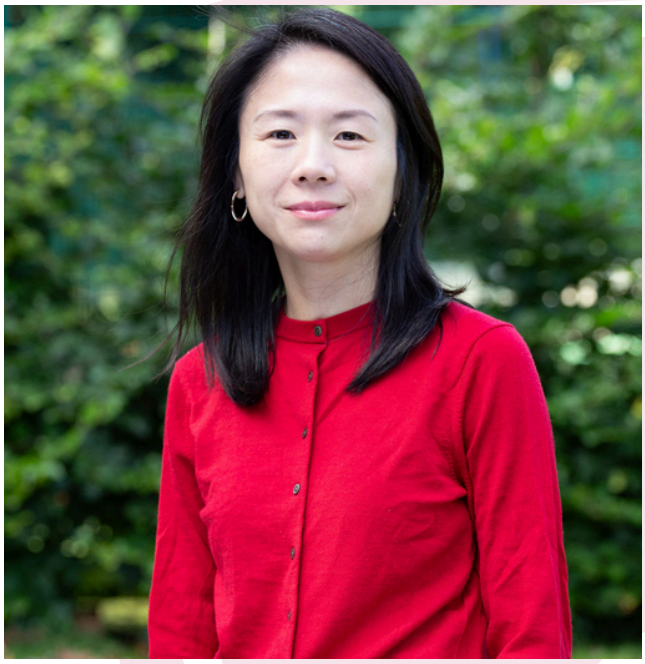
Mrs Baxter was thoroughly impressed by their clinical goal scoring, slick midfield link play, and tenacious defending against a very speedy opposition. We also send our very best wishes to Charlotte, who unfortunately injured her ankle during the second match—we hope she makes a speedy recovery and is back on the pitch soon.

Meanwhile, the B team enjoyed an equally competitive afternoon, securing two victories from their four matches. A special mention goes to Annie H and Vedika, who showed great determination while playing in their first-ever lacrosse matches. Congratulations also to Bea and Ava, who were named Players of the Match for their standout contributions. Well played to everyone involved!



Staff of the Week

Each week, the School Council present this prestigious award during the Celebration Assemblies



Mrs Lam

For her kindness and care at playtimes and lunchtimes; she always looks after us and makes sure we feel happy and supported. Thank you.



Mrs Fish

For her amazing teaching, she makes English lessons fun whilst keeping them exciting and challenging. We love learning with her.



BOWDON PREP SCHOOL

BELIEVE
PERSEVERE
SUCCEED

ASHLEY RD, ALTRINCHAM, WA14 2LT