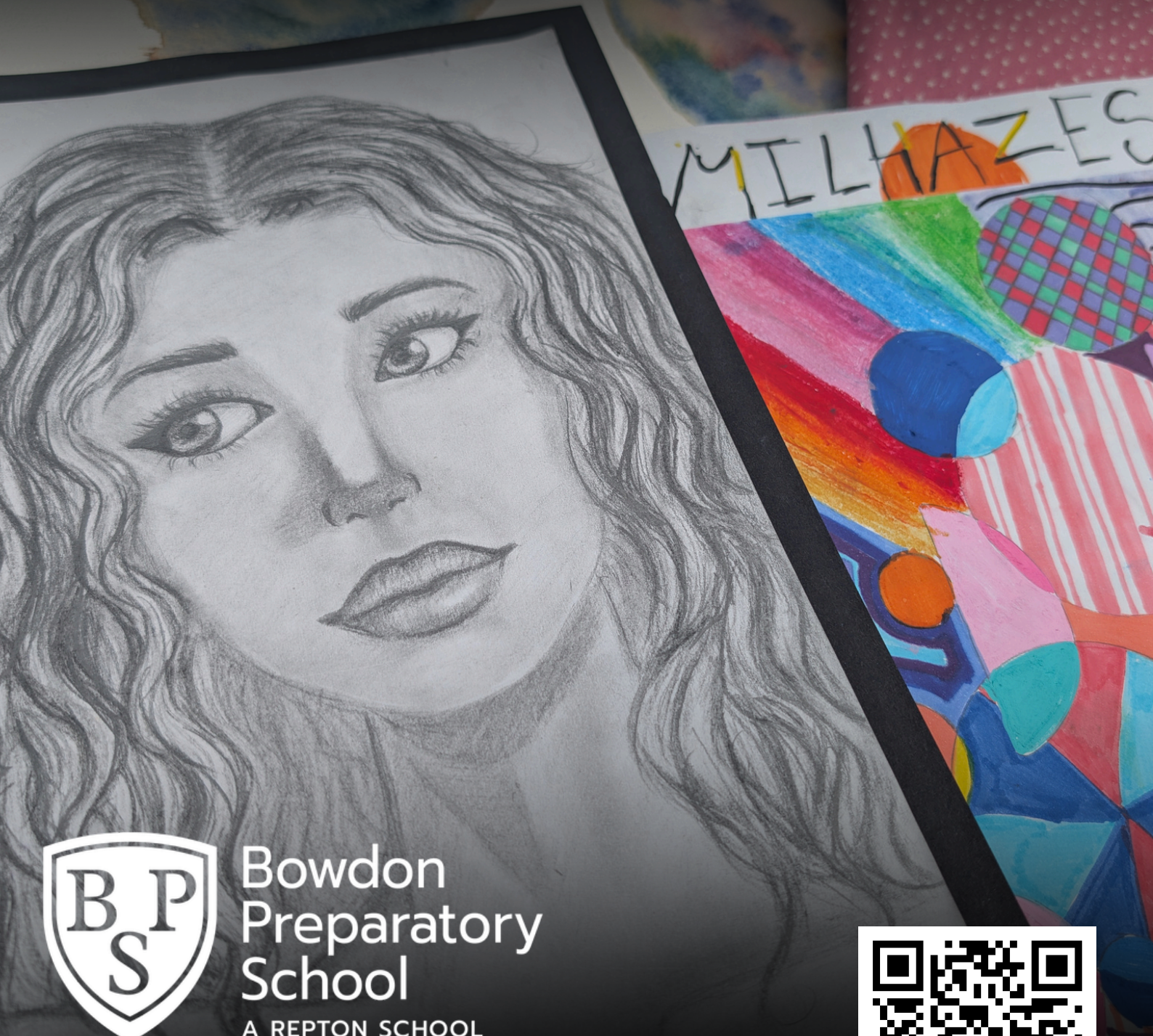


2ND OCTOBER 2026

# BOWDON

BULLETIN



Bowdon  
Preparatory  
School

A REPTON SCHOOL



[www.bowdonprep.org.uk](http://www.bowdonprep.org.uk)



[office@bowdonprep.org.uk](mailto:office@bowdonprep.org.uk)



COMMUNICATION. CURRICULUM. CARE.





# In this week's Bowdon Bulletin

## Care for all

Supporting Wellbeing Across Our  
School Community

## Communication

Key dates  
School information  
Mrs Abbey's Menu

## Community

BPS and beyond

## Curriculum

Commitment to excellence

## Sports News

## Staff of the Week



# Harvesting Values: Gratitude, Patience, and Community Spirit

**There is so much that makes us proud of our pupils, but one of the greatest joys of being part of our school community is watching them grow not only in their learning, but also in their character.**

Alongside reading, writing and mathematics, we want our children to develop the values and life skills that will help them flourish both now and in the future. This week, we have focused particularly on gratitude and patience, and we have been delighted to see our pupils embracing these qualities in their everyday lives.

Our Harvest Festival provided a wonderful opportunity to reflect on gratitude as a school community. Led by Rev Andrew and Jake, children considered the many people whose hard work helps provide the food we eat and reflected on the many things they are thankful for. These moments help children appreciate that everyday things often have a remarkable story behind them and that gratitude is about recognising both people and opportunities.



This week was particularly special for our Early Years pupils as they celebrated their very first Harvest Festival assembly. It was a delight to welcome parents, grandparents and carers into school to share the occasion. The children sang, performed and participated with impressive confidence and enthusiasm, proudly showcasing all they have achieved since joining BPS. Seeing our youngest pupils standing in front of their families for the first time, and taking part so successfully, was a wonderful reminder of how quickly they have settled into school life and begun to develop a strong sense of belonging within our community.

Harvest also gave us the opportunity to demonstrate one of our most important values: Care for All. Through the generous donations collected for South Trafford Foodbank and St Mary's Church, our children and families showed kindness, compassion and a willingness to support those who may need a helping hand. We are incredibly grateful for the generosity shown by our school community. Experiences such as these help children understand that they can make a positive difference to others and that even small acts of kindness can have a significant impact.





Our focus on gratitude has linked closely with our work around healthy choices and being an allergy-aware school. Children have been learning the importance of making healthy decisions while also considering the needs of others. Understanding that foods can affect people differently helps develop empathy, responsibility and respect, reinforcing our belief that caring for ourselves and caring for others go hand in hand.

Patience has also been a key theme throughout school life. Whether learning a new skill, improving in sport, developing confidence in reading or tackling challenging work in the classroom, children are learning that progress takes time. The Harvest season offers a powerful reminder of this. Just as crops must be planted, nurtured and patiently cared for before they can be harvested, success often comes through determination, resilience and perseverance. We are proud to see our pupils demonstrating these qualities and learning that setbacks are opportunities to grow rather than reasons to give up.

These values have also been reflected in the improvements to our playground facilities and equipment, made possible through the hard work, fundraising efforts and generosity of our BPS Society. Children are now enjoying the benefits of these enhancements while learning that worthwhile achievements are often the result of patience, planning and people working together towards a shared goal.



All of these experiences reflect the values at the heart of our school community: Care for All, Believing in Ourselves and Others, Perseverance and the Confidence to Succeed. We are immensely proud of the thoughtful, considerate and resilient young people our pupils are becoming. As we celebrate their achievements, we also celebrate the kindness, determination and gratitude they show each day. Together, we believe, we persevere and we succeed.

**Mrs F McGrath**  
SLT - Educational Operations  
Head of Science



## Next Week

### Thought for the Week Ahead

Let's celebrate our uniqueness - it takes a lot of different flowers to make a beautiful bouquet

**Happy Healthy Safe School**  
Our wellbeing

**Mrs Makepeace-Taylor**  
Headteacher







# World Mental Health Day: Wear a Yellow Accessory!

*Join us on 9th October as we focus on starting positive conversations and supporting student wellbeing.*

**As World Mental Health Day officially takes place on Saturday 10th of October, we will be celebrating together in school a day early on the 9th of October.**

This year's theme is all about starting conversations. Simply talking to someone, asking how they are feeling, and listening with kindness can make a profound difference to their wellbeing.

To help us mark the occasion, we invite everyone to wear a yellow accessory to school on the 9th of October. Throughout the day, the children will take part in a variety of activities designed to encourage positive conversations, build meaningful connections, and support good mental health.

Keep an eye out in next week's bulletin to see all the fantastic activities we have been involved in and how we have celebrated World Mental Health Day together!



## UNIFORM SHOP OPENING HOURS

The BPS Society hold pre-loved uniform sales throughout the academic year. Parents wishing to purchase pre-loved uniform at any other time should contact the School Office.

**TUESDAY 8.10- 9AM**

Uniform can also be ordered online via the following website  
[www.pascoeandwillis.com/bowdon-preparatory-school](http://www.pascoeandwillis.com/bowdon-preparatory-school)  
Password: BPS24







# Communication Key Dates

# Autumn Term 1

## September 2026



| MONDAY                            | TUESDAY | WEDNESDAY                | THURSDAY                                   | FRIDAY                          |
|-----------------------------------|---------|--------------------------|--------------------------------------------|---------------------------------|
| 14<br>Y1 Review meetings commence | 15      | 16                       | 17                                         | 18                              |
| 21<br>Y5 Review meetings commence | 22      | 23<br>Nasal Flu Vaccines | 24<br>Reception - Hearing Vision Screening | 25<br>Harvest Donation drop off |
| 28<br>Y3 Review meetings commence | 29      | 30                       |                                            |                                 |

Y1 - Y3 Dance Club  
(Y5 Netball)  
Y3 - Y6 Ukulele  
Y3 - Y6 Science Club  
Y2 Art Club

Y1 & Y2 Yoga & Mindfulness  
Y5 & Y6 Chamber Choir  
Y1 & Y2 Recorder Club  
Y3 - Y6 Street Dance  
Y3 - Y6 Fencing

Y3 - Y6 Multi Sports  
Y4 - Y6 Rock Band  
Y3 - Y6 A Cappella Group  
Y4 Netball

| MONDAY |  | TUESDAY                       |  | WEDNESDAY |  | THURSDAY                               |                                    | FRIDAY                      |  |  |
|--------|--|-------------------------------|--|-----------|--|----------------------------------------|------------------------------------|-----------------------------|--|--|
|        |  |                               |  |           |  | 1                                      | Early Years Harvest Assembly - 9am |                             |  |  |
|        |  |                               |  |           |  | 2                                      |                                    |                             |  |  |
| 5      |  | 6                             |  | 7         |  | 8                                      |                                    | 9                           |  |  |
|        |  |                               |  |           |  | Individual Photos, full school uniform |                                    |                             |  |  |
| 13     |  | 13                            |  | 14        |  | 15                                     |                                    | 16                          |  |  |
|        |  | Book Fair<br>Parents' Evening |  |           |  | Book Fair<br>Parents' Evening          |                                    | School closes for half term |  |  |

Y6 Netball  
Y1 - Y6 Drama Club  
Y3 - Y6 Recorder Club

Y3 - Y6 Yoga & Mindfulness  
Y3 - Y6 Full Orchestra

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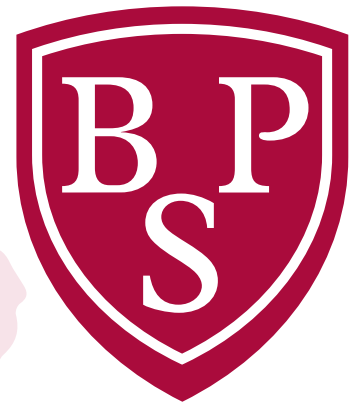




# NEXT WEEK

At a glance...

## WC 5 OCTOBER



*After School Club  
cancellations*

**MON**

**MONDAY**

**Y5 Netball**

**TUES**

**TUESDAY**

**WED**

**WEDNESDAY**

**THUR**

Individual School photos  
Full winter school uniform.  
Blazer - Reception to Y6

**THURSDAY**

**FRI**

**FRIDAY**



# MRS ABBEY'S

# LUNCH MENU



WC 05.10.26

## MONDAY



*Veggie or Beef Pasta Bolognese*  
*Green Beans*  
*Blueberry Muffin*

## TUESDAY



*Veggie or Quorn Sausages, Mashed Potato*  
*Mixed Vegetables and Baked Beans*  
*Sorbet*

## WEDNESDAY



*Veggie or Chicken Fajitas*  
*Sweetcorn*  
*Cranberry Shortbread*

## THURSDAY



*Baguettes with various fillings*  
*Olives and Salad*  
*Fruit or Yogurt*

## FRIDAY



*Veggie or Fish Fingers, Potato Wedges*  
*Peas*  
*Lemon Cake*

*Please note, due to manufacturing processes, some products  
used in the school kitchen state 'may contain nuts/sesame'*



*The salad bar, with fruit and yogurt  
(as an alternative to menu desserts) is available each day*

### Health and Safety Notice

As an 'Allergy Aware School' - **we are a nut and sesame seed free school**  
(please note - this includes coconut and hummus)

Please be mindful when sending items into school, including birthday treats.

**\* SNACKTIME - fresh fruit or veg please \***

**Please cut grapes into QUARTERS (updated advice)**





DEVELOP  
BELIEVE  
ACHIEVE

LED BY A  
**PROFESSIONAL**  
UEFA QUALIFIED COACH



PROFESSIONAL  
FOOTBALLER



UEFA QUALIFIED



INSPIRING  
THE NEXT  
GENERATION

MORE THAN  
A GAME

# GIRLS FOOTBALL FREE TRIAL

NORTH WEST ACADEMY GIRLS



WEDNESDAY  
16TH SEPTEMBER



WARRINGTON  
SPORTS CLUB



GIRLS  
AGED 7-16

**SIGN UP NOW >>**

LIMITED PLACES AVAILABLE

FOR MORE INFORMATION  
CONTACT NAIOMI



07707 539053



naomi@northwestacademyfc.co.uk

BRIGHTER  
FUTURES

PLAY | DEVELOP | BELONG



# Curriculum

Reflecting on our  
week at BPS







# A Masterclass in Creativity: BPS Pupils Shine at ISA North Art Competition

**On the 24th of September, the boundless creativity of our pupils was formally recognized at the ISA North regional art competition. Competing against a remarkably high standard of entries from across the region, Bowdon Preparatory School secured an outstanding sweep of honours, reflecting the profound artistic talent nurtured within our classrooms.**

The dedication of our young artists culminated in phenomenal individual results across a diverse range of artistic mediums. Melody Eskandari captured the judges' attention to secure 1st Place in Drawing, while Amelia Church claimed 1st Place in the 2D Painting category.

Our success continued with brilliant 2nd Place awards presented to Charlotte Lowe for her beautifully detailed Sketchbook work, and to Esme Slack for her highly imaginative Fashion bag design. Further adding to this outstanding showcase of talent, Eleanor Soong and Amelia Sneddon both received prestigious Highly Commended awards for their exceptional artwork.



The excitement for the Art department is only set to build, as both Melody and Amelia Church's first-place pieces will now be sent forward to represent Bowdon Preparatory School at the ISA National Art Competition this November. Having our pupils' work showcased on a national stage is a tremendous achievement and a testament to the time, passion, and meticulous care they pour into their creative endeavours.

This exceptional regional success is heavily supported by the inspiring environment cultivated by our Head of Art, Mrs. Chapman. Reflecting on the results, she shared:

"The standard of competition at the ISA North event is always exceptionally high, so for our pupils to achieve such phenomenal results is a true testament to their dedication and boundless creativity. I am immensely proud of the passion they pour into their artwork every single day, and we are absolutely thrilled to see two of these wonderful pieces advance to the National finals."







Seeing this level of originality and passion flourish in our classrooms is a wonderful, visual embodiment of our school vision: Believe, Persevere, Succeed.

We extend our warmest congratulations to Melody, Amelia Church, Charlotte, Esme, Eleanor, and Amelia Sneddon for their well-deserved accolades, and we wish Melody and Amelia Church the very best of luck as their artwork heads to the national finals in November.

**Mrs. Chapman**

## Voices of the Past: Year 6 Debates the Suffragettes

6M brings history to life with a powerful debate on the radical methods of the Suffragette movement.

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# Young Musician of the Year Competition

*Showcase Your Talent and Represent Bowdon Prep at the ISA National Stage*

**Do you love playing an instrument? Are you ready to share your musical talent and represent Bowdon Prep on a bigger stage? This is your chance! We are delighted to invite all pupils in Years 3-6 to enter our Young Musician of the Year Competition.**

Whether you learn an instrument in school or outside of school, we would love to hear you perform. To enter, simply record a video of yourself playing your chosen instrument. At the start of your recording, please clearly state your name and the name of your school before beginning your performance.

All video entries should be emailed to [rclarke@bowdonprep.org.uk](mailto:rclarke@bowdonprep.org.uk) by Friday 16th October. The Performing Arts Department will review all submissions and select the four strongest performances to go forward and represent the school in the ISA Young Musician of the Year Competition.



- Competition Rules Entries must be no longer than 5 minutes. Solo performances only; group performances are not permitted.
- Vocal entries are not included in this competition. Performances may be played from memory or with sheet music.
- A piano may be used as accompaniment if required; no other accompaniment is permitted.
- Students must provide their own accompanist and page turners if needed.
- No backing tracks are allowed. Instruments must be acoustic.
- Guitarists must perform on a classical guitar.
- Competitors may not perform their own compositions.

This is a fantastic opportunity to showcase your hard work, musicality and performance skills. Whether you've been playing for many years or have recently discovered a passion for music, we encourage you to take part. We can't wait to hear the talented musicians of Bowdon Prep in action! Good luck, and start practising!



**Sport  
@BPS**





# Making Waves and Scoring Goals!

**It's been another incredibly busy week of sport, with our pupils representing the school brilliantly on both the court and in the pool.**

The action kicked off on Monday as our Year 5 and Year 6 netballers faced off in some inter-year fixtures. There was plenty of friendly rivalry on show, with the teams sharing the honours and recording one win apiece.

On Thursday, we welcomed Cheadle Hulme to Bowdon Prep for a fantastic set of fixtures that showcased excellent netball and great skill from both schools. Our Year 6 teams enjoyed a highly successful afternoon; the A Team secured an impressive 18-9 victory, while the B Team followed up with a well-earned 12-8 win. Across both matches, the pupils demonstrated strong attacking play, accurate passing, and determined defending.

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Our Year 5 team faced a remarkably strong Cheadle Hulme side. Although the final score ended 21-4 in favour of the visitors, our players never stopped working. They battled right up to the final whistle, displaying outstanding resilience and teamwork throughout the match.





Away from the netball court, our Prep swimmers travelled to Macclesfield Leisure Centre to compete in the ISA Regional Swimming Gala against 27 schools from across the North. The team performed brilliantly, approaching every race with focus and determination while enthusiastically cheering each other on from the poolside.

A special well done to Jasmine (Year 6), who finished a fantastic 2nd in her breaststroke event. Huge congratulations also go to Scarlett (Year 5), who secured 2nd place in both the backstroke and front crawl. Scarlett's phenomenal results have earned her a place on the North Swimming Team for next month's National Finals in London, where she will have the incredible opportunity to compete in the 2012 Olympic pool. What an outstanding achievement!

Finally, we want to wish the very best of luck to all our cross-country runners taking part in the first race of the season at John Leigh Park tomorrow. We look forward to hearing how you get on.

A massive well done to everyone who has represented Bowdon Prep this week. Your effort, determination, and sportsmanship continue to make us incredibly proud.

**Mrs S Hughes**  
Designated Safeguarding Lead  
Head of Sports / Year 6 FT





# **Staff of the Week**

Each week, the School Council present this prestigious award during the Celebration Assemblies



**Mr Powell**

Thank you for being such an amazing teacher. Your positivity makes a real difference every day, and it is truly appreciated. You bring such wonderful energy to the classroom. and to our whole school too!

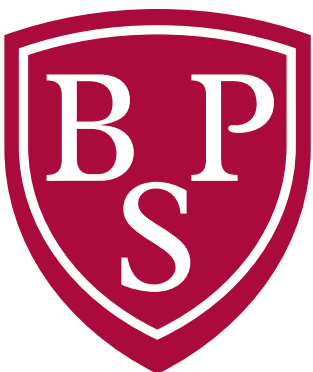


**Mrs Wood**

Thank you for always being so kind and helpful. You always support us when we get stuck, encourage us to keep going, and help us believe that we can do it!



# BOWDON PREP SCHOOL



**BELIEVE  
PERSEVERE  
SUCCEED**



ASHLEY RD, ALTRINCHAM, WA14 2LT