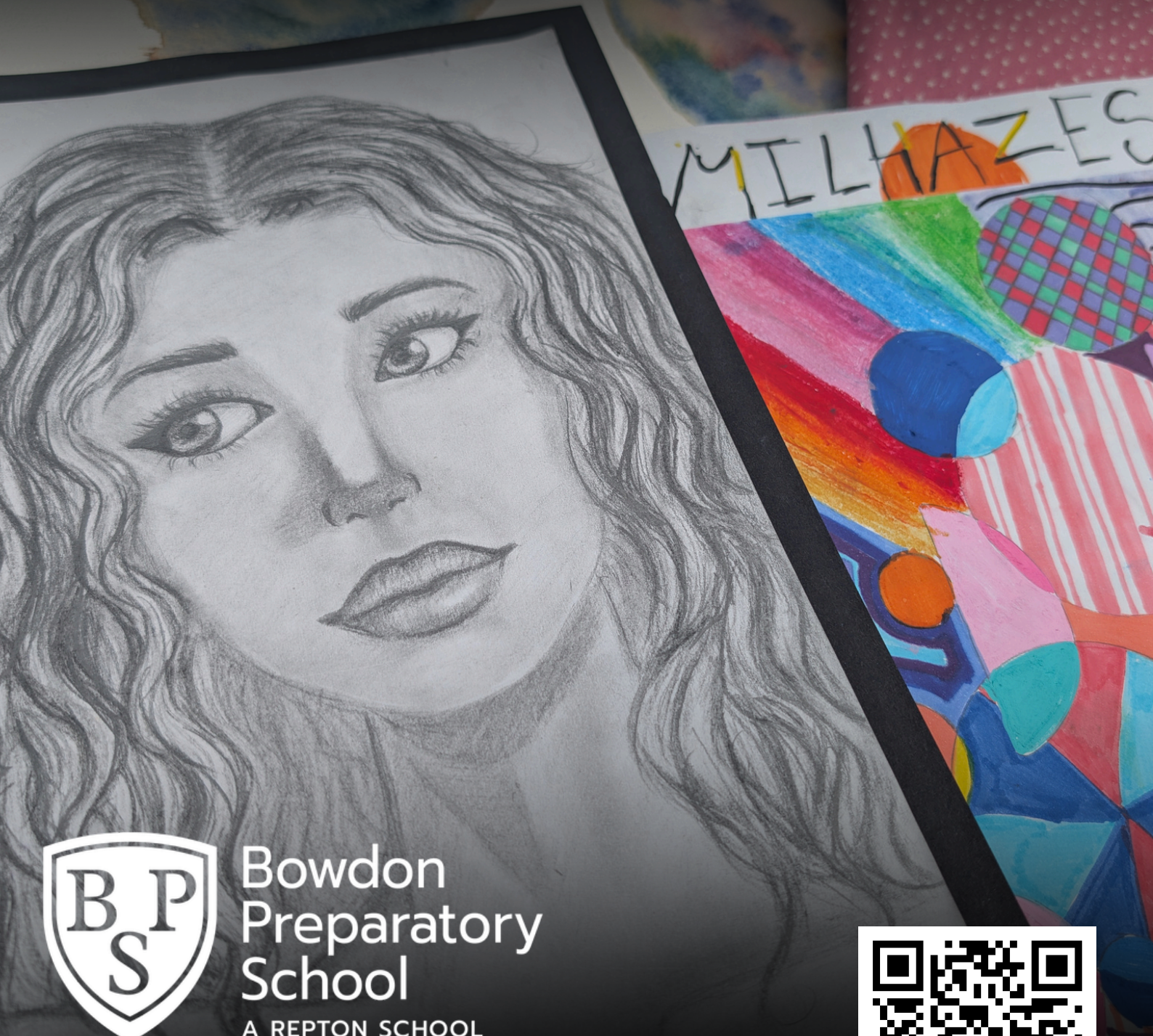


2ND OCTOBER 2026

BOWDON

BULLETIN



Bowdon
Preparatory
School

A REPTON SCHOOL



www.bowdonprep.org.uk



office@bowdonprep.org.uk



COMMUNICATION. CURRICULUM. CARE.



In this week's Bowdon Bulletin

Care for all

Supporting Wellbeing Across Our
School Community

Communication

Key dates
School information
Mrs Abbey's Menu

Community

BPS and beyond

Curriculum

Commitment to excellence

Sports News

Staff of the Week



Harvesting Values: Gratitude, Patience, and Community Spirit

There is so much that makes us proud of our pupils, but one of the greatest joys of being part of our school community is watching them grow not only in their learning, but also in their character.

Alongside reading, writing and mathematics, we want our children to develop the values and life skills that will help them flourish both now and in the future. This week, we have focused particularly on gratitude and patience, and we have been delighted to see our pupils embracing these qualities in their everyday lives.

Our Harvest Festival provided a wonderful opportunity to reflect on gratitude as a school community. Led by Rev Andrew and Jake, children considered the many people whose hard work helps provide the food we eat and reflected on the many things they are thankful for. These moments help children appreciate that everyday things often have a remarkable story behind them and that gratitude is about recognising both people and opportunities.



This week was particularly special for our Early Years pupils as they celebrated their very first Harvest Festival assembly. It was a delight to welcome parents, grandparents and carers into school to share the occasion. The children sang, performed and participated with impressive confidence and enthusiasm, proudly showcasing all they have achieved since joining BPS. Seeing our youngest pupils standing in front of their families for the first time, and taking part so successfully, was a wonderful reminder of how quickly they have settled into school life and begun to develop a strong sense of belonging within our community.

Harvest also gave us the opportunity to demonstrate one of our most important values: Care for All. Through the generous donations collected for South Trafford Foodbank and St Mary's Church, our children and families showed kindness, compassion and a willingness to support those who may need a helping hand. We are incredibly grateful for the generosity shown by our school community. Experiences such as these help children understand that they can make a positive difference to others and that even small acts of kindness can have a significant impact.



Our focus on gratitude has linked closely with our work around healthy choices and being an allergy-aware school. Children have been learning the importance of making healthy decisions while also considering the needs of others. Understanding that foods can affect people differently helps develop empathy, responsibility and respect, reinforcing our belief that caring for ourselves and caring for others go hand in hand.

Patience has also been a key theme throughout school life. Whether learning a new skill, improving in sport, developing confidence in reading or tackling challenging work in the classroom, children are learning that progress takes time. The Harvest season offers a powerful reminder of this. Just as crops must be planted, nurtured and patiently cared for before they can be harvested, success often comes through determination, resilience and perseverance. We are proud to see our pupils demonstrating these qualities and learning that setbacks are opportunities to grow rather than reasons to give up.

These values have also been reflected in the improvements to our playground facilities and equipment, made possible through the hard work, fundraising efforts and generosity of our BPS Society. Children are now enjoying the benefits of these enhancements while learning that worthwhile achievements are often the result of patience, planning and people working together towards a shared goal.



All of these experiences reflect the values at the heart of our school community: Care for All, Believing in Ourselves and Others, Perseverance and the Confidence to Succeed. We are immensely proud of the thoughtful, considerate and resilient young people our pupils are becoming. As we celebrate their achievements, we also celebrate the kindness, determination and gratitude they show each day. Together, we believe, we persevere and we succeed.

Mrs F McGrath
SLT - Educational Operations
Head of Science



Next Week

Thought for the Week Ahead

Let's celebrate our uniqueness - it takes a lot of different flowers to make a beautiful bouquet

Happy Healthy Safe School
Our wellbeing

Mrs Makepeace-Taylor
Headteacher





World Mental Health Day: Wear a Yellow Accessory!

Join us on 9th October as we focus on starting positive conversations and supporting student wellbeing.

As World Mental Health Day officially takes place on Saturday 10th of October, we will be celebrating together in school a day early on the 9th of October.

This year's theme is all about starting conversations. Simply talking to someone, asking how they are feeling, and listening with kindness can make a profound difference to their wellbeing.

To help us mark the occasion, we invite everyone to wear a yellow accessory to school on the 9th of October. Throughout the day, the children will take part in a variety of activities designed to encourage positive conversations, build meaningful connections, and support good mental health.

Keep an eye out in next week's bulletin to see all the fantastic activities we have been involved in and how we have celebrated World Mental Health Day together!



UNIFORM SHOP OPENING HOURS

The **BPS Society** hold **pre-loved uniform** sales throughout the academic year. Parents wishing to purchase pre-loved uniform at any other time should contact the School Office.

TUESDAY 8.10- 9AM

Uniform can also be ordered online via the following website
www.pascoeandwillis.com/bowdon-preparatory-school
Password: BPS24





Communication Key Dates

Autumn Term 1

September 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Y1 Review meetings commence	15	16	17	18
21 Y5 Review meetings commence	22	23 Nasal Flu Vaccines	24 Reception - Hearing Vision Screening	25 Harvest Donation drop off
28 Y3 Review meetings commence	29	30		

Y1 - Y3 Dance Club
(Y5 Netball)
Y3 - Y6 Ukulele
Y3 - Y6 Science Club
Y2 Art Club

Y1 & Y2 Yoga & Mindfulness
Y5 & Y6 Chamber Choir
Y1 & Y2 Recorder Club
Y3 - Y6 Street Dance
Y3 - Y6 Fencing

Y3 - Y6 Multi Sports
Y4 - Y6 Rock Band
Y3 - Y6 A Cappella Group
Y4 Netball

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
						1	Early Years Harvest Assembly - 9am			
						2				
5		6		7		8		9		
						Individual Photos, full school uniform				
13		13		14		15		16		
		Book Fair Parents' Evening				Book Fair Parents' Evening		School closes for half term		

Y6 Netball
Y1 - Y6 Drama Club
Y3 - Y6 Recorder Club

Y3 - Y6 Yoga & Mindfulness
Y3 - Y6 Full Orchestra

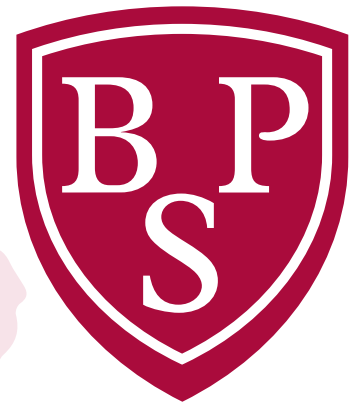
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NEXT WEEK

At a glance...

WC 5 OCTOBER



*After School Club
cancellations*

MON

MONDAY

Y5 Netball

TUES

TUESDAY

WED

WEDNESDAY

THUR

Individual School photos
Full winter school uniform.
Blazer - Reception to Y6.
Cardigan - KG

THURSDAY

FRI

FRIDAY



MRS ABBEY'S

LUNCH MENU



WC 05.10.26

MONDAY



Veggie or Beef Pasta Bolognese
Green Beans
Blueberry Muffin

TUESDAY



Veggie or Quorn Sausages, Mashed Potato
Mixed Vegetables and Baked Beans
Sorbet

WEDNESDAY



Veggie or Chicken Fajitas
Sweetcorn
Cranberry Shortbread

THURSDAY



Baguettes with various fillings
Olives and Salad
Fruit or Yogurt

FRIDAY



Veggie or Fish Fingers, Potato Wedges
Peas
Lemon Cake

*Please note, due to manufacturing processes, some products
used in the school kitchen state 'may contain nuts/sesame'*



*The salad bar, with fruit and yogurt
(as an alternative to menu desserts) is available each day*

Health and Safety Notice

As an 'Allergy Aware School' - **we are a nut and sesame seed free school**
(please note - this includes coconut and hummus)

Please be mindful when sending items into school, including birthday treats.

*** SNACKTIME - fresh fruit or veg please ***

Please cut grapes into QUARTERS (updated advice)



DEVELOP
BELIEVE
ACHIEVE

LED BY A
PROFESSIONAL
UEFA QUALIFIED COACH



PROFESSIONAL
FOOTBALLER



UEFA QUALIFIED



INSPIRING
THE NEXT
GENERATION

MORE THAN
A GAME

GIRLS FOOTBALL FREE TRIAL

NORTH WEST ACADEMY GIRLS



WEDNESDAY
16TH SEPTEMBER



WARRINGTON
SPORTS CLUB



GIRLS
AGED 7-16

SIGN UP NOW >>

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FOR MORE INFORMATION
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07707 539053



naomi@northwestacademyfc.co.uk

BRIGHTER
FUTURES

PLAY | DEVELOP | BELONG

Curriculum

**Reflecting on our
week at BPS**





A Masterclass in Creativity: BPS Pupils Shine at ISA North Art Competition

On the 24th of September, the boundless creativity of our pupils was formally recognized at the ISA North regional art competition. Competing against a remarkably high standard of entries from across the region, Bowdon Preparatory School secured an outstanding sweep of honours, reflecting the profound artistic talent nurtured within our classrooms.

The dedication of our young artists culminated in phenomenal individual results across a diverse range of artistic mediums. Melody Eskandari captured the judges' attention to secure 1st Place in Drawing, while Amelia Church claimed 1st Place in the 2D Painting category.

Our success continued with brilliant 2nd Place awards presented to Charlotte Lowe for her beautifully detailed Sketchbook work, and to Esme Slack for her highly imaginative Fashion bag design. Further adding to this outstanding showcase of talent, Eleanor Soong and Amelia Sneddon both received prestigious Highly Commended awards for their exceptional artwork.



The excitement for the Art department is only set to build, as both Melody and Amelia Church's first-place pieces will now be sent forward to represent Bowdon Preparatory School at the ISA National Art Competition this November. Having our pupils' work showcased on a national stage is a tremendous achievement and a testament to the time, passion, and meticulous care they pour into their creative endeavours.

This exceptional regional success is heavily supported by the inspiring environment cultivated by our Head of Art, Mrs. Chapman. Reflecting on the results, she shared:

"The standard of competition at the ISA North event is always exceptionally high, so for our pupils to achieve such phenomenal results is a true testament to their dedication and boundless creativity. I am immensely proud of the passion they pour into their artwork every single day, and we are absolutely thrilled to see two of these wonderful pieces advance to the National finals."





Seeing this level of originality and passion flourish in our classrooms is a wonderful, visual embodiment of our school vision: Believe, Persevere, Succeed.

We extend our warmest congratulations to Melody, Amelia Church, Charlotte, Esme, Eleanor, and Amelia Sneddon for their well-deserved accolades, and we wish Melody and Amelia Church the very best of luck as their artwork heads to the national finals in November.

Mrs. Chapman

Voices of the Past: Year 6 Debates the Suffragettes

Our Year 6 pupils have been travelling back in time to explore the fierce and historic fight for women's suffrage in Britain.

The topic truly came alive during a thought-provoking debate about Emily Wilding Davison, as the pupils weighed the passionate and often dangerous actions she took to secure the vote. The discussion deeply resonated with the pupils, culminating in a powerful moment when Class 6M broke into spontaneous applause, honouring the immense bravery and sacrifice of the Suffragettes.

Reflecting on the lesson, Mrs Cross shared: "It was incredibly moving to see the class connect so deeply with the women who fought for their rights. That spontaneous applause showed just how much they understood the sacrifices that were made for their own futures."





Young Musician of the Year Competition

Showcase Your Talent and Represent Bowdon Prep at the ISA National Stage

Do you love playing an instrument? Are you ready to share your musical talent and represent Bowdon Prep on a bigger stage? This is your chance! We are delighted to invite all pupils in Years 3-6 to enter our Young Musician of the Year Competition.

Whether you learn an instrument in school or outside of school, we would love to hear you perform. To enter, simply record a video of yourself playing your chosen instrument. At the start of your recording, please clearly state your name and the name of your school before beginning your performance.

All video entries should be emailed to rclarke@bowdonprep.org.uk by Friday 16th October. The Performing Arts Department will review all submissions and select the four strongest performances to go forward and represent the school in the ISA Young Musician of the Year Competition.



- Competition Rules Entries must be no longer than 5 minutes. Solo performances only; group performances are not permitted.
- Vocal entries are not included in this competition. Performances may be played from memory or with sheet music.
- A piano may be used as accompaniment if required; no other accompaniment is permitted.
- Students must provide their own accompanist and page turners if needed.
- No backing tracks are allowed. Instruments must be acoustic.
- Guitarists must perform on a classical guitar.
- Competitors may not perform their own compositions.

This is a fantastic opportunity to showcase your hard work, musicality and performance skills. Whether you've been playing for many years or have recently discovered a passion for music, we encourage you to take part. We can't wait to hear the talented musicians of Bowdon Prep in action! Good luck, and start practising!



**Sport
@BPS**



Making Waves and Scoring Goals!

It's been another incredibly busy week of sport, with our pupils representing the school brilliantly on both the court and in the pool.

The action kicked off on Monday as our Year 5 and Year 6 netballers faced off in some inter-year fixtures. There was plenty of friendly rivalry on show, with the teams sharing the honours and recording one win apiece.

On Thursday, we welcomed Cheadle Hulme to Bowdon Prep for a fantastic set of fixtures that showcased excellent netball and great skill from both schools. Our Year 6 teams enjoyed a highly successful afternoon; the A Team secured an impressive 18-9 victory, while the B Team followed up with a well-earned 12-8 win. Across both matches, the pupils demonstrated strong attacking play, accurate passing, and determined defending.

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Our Year 5 team faced a remarkably strong Cheadle Hulme side. Although the final score ended 21-4 in favour of the visitors, our players never stopped working. They battled right up to the final whistle, displaying outstanding resilience and teamwork throughout the match.



Away from the netball court, our Prep swimmers travelled to Macclesfield Leisure Centre to compete in the ISA Regional Swimming Gala against 27 schools from across the North. The team performed brilliantly, approaching every race with focus and determination while enthusiastically cheering each other on from the poolside.

A special well done to Jasmine (Year 6), who finished a fantastic 2nd in her breaststroke event. Huge congratulations also go to Scarlett (Year 5), who secured 2nd place in both the backstroke and front crawl. Scarlett's phenomenal results have earned her a place on the North Swimming Team for next month's National Finals in London, where she will have the incredible opportunity to compete in the 2012 Olympic pool. What an outstanding achievement!

Finally, we want to wish the very best of luck to all our cross-country runners taking part in the first race of the season at John Leigh Park tomorrow. We look forward to hearing how you get on.

A massive well done to everyone who has represented Bowdon Prep this week. Your effort, determination, and sportsmanship continue to make us incredibly proud.

Mrs S Hughes
Designated Safeguarding Lead
Head of Sports / Year 6 FT



Staff of the Week

Each week, the School Council present this prestigious award during the Celebration Assemblies



Mr Powell

Thank you for being such an amazing teacher. Your positivity makes a real difference every day, and it is truly appreciated. You bring such wonderful energy to the classroom. and to our whole school too!

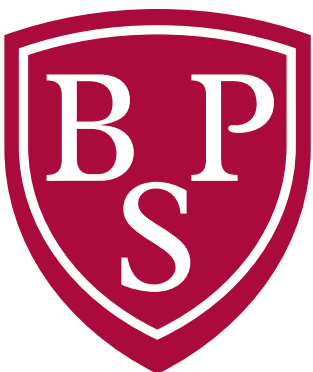


Mrs Wood

Thank you for always being so kind and helpful. You always support us when we get stuck, encourage us to keep going, and help us believe that we can do it!



BOWDON PREP SCHOOL



**BELIEVE
PERSEVERE
SUCCEED**



ASHLEY RD, ALTRINCHAM, WA14 2LT