

25 SEPTEMBER 2026

BOWDON

BULLETIN



Bowdon
Preparatory
School

A REPTON SCHOOL



www.bowdonprep.org.uk



office@bowdonprep.org.uk



COMMUNICATION. CURRICULUM. CARE.



In this week's Bowdon Bulletin

Care for all

Supporting Wellbeing Across Our
School Community

Communication

Key dates
School information
Mrs Abbey's Menu

Community

BPS and beyond

Curriculum

Commitment to excellence

Sports News

Staff of the Week



Navigating the New Term at BPS with Resilience, Reflection, and Support

As we continue to settle into a new academic year, our theme this week is "Be Resilient." It feels especially fitting as many of us are still finding our feet, adjusting to new classrooms, new teachers, and new routines. Whether it is organisation, managing homework, balancing commitments, or simply getting used to the rhythm of the school day, not everything slots perfectly into place the first time. That's true for pupils and staff alike!

Resilience is about persevering when things feel challenging, learning from setbacks, and having the confidence to try again. It reminds us that progress is rarely a straight line and that small steps forward are still steps in the right direction.

This week also marks Yom Kippur, the Jewish Day of Atonement, a time for reflection, forgiveness and personal growth. It encourages us to think carefully about our actions, recognise where we can improve, and move forward with renewed purpose. Alongside this, we celebrate the International Day of Peace, which reminds us of the importance of kindness, understanding and supporting one another within our community and beyond.



We were incredibly proud of our Year 6 pupils who sat the Trafford 11+ examinations and the Loreto Grammar School entrance examinations last week. They approached the experience with calmness, determination and maturity, demonstrating the excellent preparation they have received at Bowdon Prep. Equally impressive was the way the whole cohort supported one another throughout the process. Their encouragement, friendship and team spirit were a wonderful example of resilience in action.





It has also been wonderful to hear how our former Year 6 pupils are settling into life at their new secondary schools. A new beginning brings exciting opportunities, but also moments that call for resilience. We know they are well equipped for the journey ahead, taking with them the values, skills and confidence they developed during their time at Bowdon Prep. We are immensely proud of them all.



Of course, resilience does not mean facing challenges alone. One of the most important ways we help children develop resilience is by working together. The partnership between home and school is key. It has been a pleasure meeting with Year 5 parents during our termly review meetings this week, discussing what is going well and exploring how we can continue to support every child to flourish and reach their potential across all areas of school life.



When things feel hard or tricky, our pupils know they have trusted adults around them who are ready to listen, guide and support. Whether it is a worry, a challenge, or simply something they would like to talk through, we are always here. As we move further into the term, let us continue to show resilience, support one another, and embrace each day as an opportunity to believe, persevere and succeed.



Mrs S Hughes
Designated Safeguarding Lead
Head of Sports / Year 6 FT

Next Week

Thought for the Week Ahead

Gratitude lightens the weight, patience
sweetens the rewards

Happy Healthy Safe School
Healthy eating



Mrs Makepeace-Taylor
Headteacher

A Kind Reminder - guidance on what to bring into school

Uniform and Equipment

- Children should arrive at school each day wearing their blazer and/or blue waterproof coat
- Y6 pupils should wear their blazer every day, including PE days
- We kindly ask that toys remain at home, as they can be distracting during the school day. Children may have one small, soft keyring attached to their bag
- Pupils should use a BPS water bottle, available from the uniform shop. Any alternative water bottles should be plastic and free from additional attachments.

Allergy Awareness

We are an allergy-aware school and therefore, **nut-free and sesame seed free**. We ask families to take extra care when preparing snacks, packed lunches and any items such as celebrations or gifts that they comply with the guidance.

Morning snacks should consist of fresh fruit or vegetables. Grapes must always be cut into quarters for safety reasons. If fresh fruit or vegetables are not possible, please check all ingredients carefully and ensure products do not contain nuts or sesame seeds and are not labelled as "may contain nuts or sesame".

The BPS Society hold **pre-loved uniform** sales throughout the academic year. Parents wishing to purchase pre-loved uniform at any other time should contact the School Office.

UNIFORM SHOP OPENING HOURS

MONDAY: 3-4PM

WEDNESDAY: 8.10 – 9AM

Uniform can also be ordered online via the following website
www.pascoeandwillis.com/bowdon-preparatory-school
Password: BPS24



This includes products such as hummus and some seaweed snacks, which may contain sesame or sesame-derived ingredients.

Packed lunches should contain healthy choices and must follow the guidance around no nut or sesame seeds. or labelled as "may contain nuts" or "may contain sesame".

Medical lip balms may be used where required; however, these must not contain nut or seed oils and must be handed into the school office.

Whilst staff remain vigilant, it is not possible to check every item brought into school. Please note that if a child brings an item that does not meet these requirements, parents may be contacted and asked to provide a suitable alternative.

Thank you for your continued cooperation and support in helping us keep all members of our school community safe.





Communication Key Dates

Autumn Term 1

September 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Y3 - Y6 Yoga & Mindfulness
Y3 - Y6 Full Orchestra

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Y1 Review meetings commence	15	16	17	18
21 Y5 Review meetings commence	22	23 Nasal Flu Vaccines	24 Reception - Hearing Vision Screening	25 Harvest Donation drop off
28 Y3 Review meetings commence	29	30		

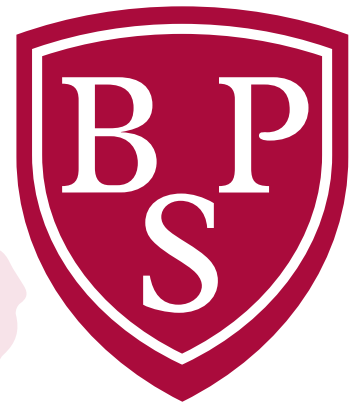
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1 Early Years Harvest Assembly - 9am	2		
5		6		7		8 Individual Photos, full school uniform	9		
13		13 Book Fair Parents' Evening		14		15 Book Fair Parents' Evening	16 School closes for half term		

Notes...



NEXT WEEK

At a glance...



WC 28 SEPTEMBER

*After School Club
cancellations*

Y3 Review Meetings commence

MON

MONDAY

TUES

TUESDAY

WED

BPS Society Annual General Meeting - 9am

WEDNESDAY

THUR

**Early Years Harvest - 9am
*KG & Rec parents only***

THURSDAY

FRI

FRIDAY



MRS ABBEY'S

LUNCH MENU



WC 28.09.26

MONDAY



Paneer or Chicken Curry, Rice
Broccoli
Sorbet

TUESDAY



Veggie or Beef Lasagne, Garlic Bread
iMixed Vegetables
Fruit or Yogurt

WEDNESDAY



Jacket Potato with Various Fillings
Salad Bar
Carrot Cake

THURSDAY



Veggie or Pork Meatball Pasta
Peas
Iced Sponge Cake

FRIDAY



Quorn or Chicken Panini
Sweetcorn
Oat Cookie

*Please note, due to manufacturing processes, some products
used in the school kitchen state 'may contain nuts/sesame'*



*The salad bar, with fruit and yogurt
(as an alternative to menu desserts) is available each day*

Health and Safety Notice

As an 'Allergy Aware School' - **we are a nut and sesame seed free school**
(please note - this includes coconut and hummus)

Please be mindful when sending items into school, including birthday treats.

*** SNACKTIME - fresh fruit or veg please ***

Please cut grapes into QUARTERS (updated advice)



Road Safety Notice: Considerate Parking Around School

A gentle reminder from the Operations Manager to respect neighbours, driveways, and road restrictions

For the safety of our pupils, families, and the wider community, we kindly ask all parents and carers to park with extra care during drop-off and collection times.

Please ensure you:

- Adhere to local traffic regulations and marked parking restrictions.
- Show consideration for nearby residents by ensuring driveways remain completely unobstructed.
- Prioritise child and pedestrian safety around school gates at all times.



Thank you for your continued support in keeping our community safe and respectful for everyone.

Mrs. Creely
Operations Manager

Altrincham & District Cross Country Dates Announced!

Calling all runners in Years 3–6 as BPS looks to defend its championship title.

Lace up your running shoes—the dates for the upcoming Altrincham & District Cross Country fixtures are officially here!

Following our fantastic performance last season, we enter this year's league with our sights set high: defending our title as the reigning Altrincham & District Girls' Champions!

Whether your child is a seasoned competitor or eager to experience her very first race, we would love to see as many runners as possible from Years 3–6 taking part, earning points, and representing BPS.



All fixtures will take place at John Leigh Park:

- **Race 1:** Saturday 3rd October
- **Race 2:** Saturday 7th November
- **Race 3:** Saturday 5th December

Meet at 9.45 am

Races commence promptly at 10.00 am



DEVELOP
BELIEVE
ACHIEVE

LED BY A
PROFESSIONAL
UEFA QUALIFIED COACH



PROFESSIONAL
FOOTBALLER



UEFA QUALIFIED



INSPIRING
THE NEXT
GENERATION

MORE THAN
A GAME

GIRLS FOOTBALL FREE TRIAL

NORTH WEST ACADEMY GIRLS



WEDNESDAY
16TH SEPTEMBER



WARRINGTON
SPORTS CLUB



GIRLS
AGED 7-16

SIGN UP NOW >>

LIMITED PLACES AVAILABLE

FOR MORE INFORMATION
CONTACT NAIOMI



07707 539053



naomi@northwestacademyfc.co.uk

BRIGHTER
FUTURES

PLAY | DEVELOP | BELONG

Staff of the Week

Each week, the School Council present this prestigious award during the Celebration Assemblies



Mrs Latter

Mrs Latter, thank you for showing us so much kindness, care and patience during our first few weeks at school and for helping us settle in with warmth and encouragement.



Mrs McGrath

Mrs McGrath, thank you for all your wonderful and exciting lessons. You make learning such a fun experience, and we always enjoy everything you teach us. Thank you, too, for everything you do to help our fabulous school run smoothly.

Curriculum

**Reflecting on our
week at BPS**





Young Musician of the Year Competition

Showcase Your Talent and Represent Bowdon Prep at the ISA National Stage

Do you love playing an instrument? Are you ready to share your musical talent and represent Bowdon Prep on a bigger stage? This is your chance! We are delighted to invite all pupils in Years 3-6 to enter our Young Musician of the Year Competition.

Whether you learn an instrument in school or outside of school, we would love to hear you perform. To enter, simply record a video of yourself playing your chosen instrument. At the start of your recording, please clearly state your name and the name of your school before beginning your performance.

All video entries should be emailed to rclarke@bowdonprep.org.uk by Friday 16th October. The Performing Arts Department will review all submissions and select the four strongest performances to go forward and represent the school in the ISA Young Musician of the Year Competition.



- Competition Rules Entries must be no longer than 5 minutes. Solo performances only; group performances are not permitted.
- Vocal entries are not included in this competition. Performances may be played from memory or with sheet music.
- A piano may be used as accompaniment if required; no other accompaniment is permitted.
- Students must provide their own accompanist and page turners if needed.
- No backing tracks are allowed. Instruments must be acoustic.
- Guitarists must perform on a classical guitar.
- Competitors may not perform their own compositions.

This is a fantastic opportunity to showcase your hard work, musicality and performance skills. Whether you've been playing for many years or have recently discovered a passion for music, we encourage you to take part. We can't wait to hear the talented musicians of Bowdon Prep in action! Good luck, and start practising!



**Sport
@BPS**

Thrilling Comeback Highlights Year 5 Netball Opener

Hard-fought draw for the A Team and a spirited effort from the B Team against Scarisbrick Hall

On Monday, 21st September, our Year 5 netballers took to the court for their first home match of the season against Scarisbrick Hall School.

The B team played a challenging and fast-paced game, ultimately falling 11-4. The girls never let their heads drop, and a special congratulations goes to Issy, who was rightfully voted Player of the Match for her fantastic effort.

The A team delivered a truly nail-biting performance. Trailing 3-6 heading into

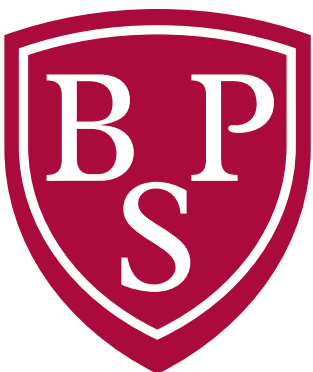
the final quarter, the girls dug deep and showed incredible perseverance. Thanks to tight defensive play and fabulous shooting under pressure, they battled back to secure a well-deserved 7-7 draw. Congratulations to the entire squad, with a special shoutout to Fi Fi for earning Player of the Match!

"I am absolutely thrilled with the resilience and teamwork both squads showed on the court today. The A team's comeback in the final quarter was spectacular, and the B team never stopped working hard from the first whistle to the last. I am already looking forward to our next match on Monday!" — Mrs. Baxter





BOWDON PREP SCHOOL



**BELIEVE
PERSEVERE
SUCCEED**



ASHLEY RD, ALTRINCHAM, WA14 2LT