

20 MARCH 2026

BOWDON

BULLETIN



Bowdon
Preparatory
School



www.bowdonprep.org.uk



office@bowdonprep.org.uk



COMMUNICATION. CURRICULUM. CARE.



AT A GLANCE: **In this week's Bulletin**

Happy, Healthy, School

Supporting Wellbeing Across Our
School Community

Communication

Key dates
School information
Mrs Abbey's Menu

Community

BPS and beyond

Curriculum

Sports News

Staff of the Week



Be the Change You Wish to See

Our Year 6 Charity Captains leading by example through compassion, courage, and community

As a Phase Leader, I am constantly inspired by the incredible energy and passion of our students, particularly our Year 6 Charity Captains. These young leaders are proof that age is no barrier to making a real difference.

They take their roles seriously, showing enthusiasm, dedication, and a real desire to inspire their peers. Even small actions, whether it's a kind word, a thoughtful gesture, or raising awareness for a cause, can have a big impact.

Our Charity Captains remind us that every one of us has the power to spark change and encourage others to do the same. One of the most powerful lessons our Charity Captains demonstrate is the importance of kindness, acceptance, and tolerance, a key British Values that guide our school community.

They encourage their peers to celebrate differences, stand up for others, and create an environment where everyone feels valued and included. They also show us that sometimes making the world a better place starts with making small changes ourselves, whether that is adjusting our viewpoint, trying to be more understanding, or changing something in our own lives to have a positive impact on those around us.

By doing this, we learn that even little steps can ripple out into something much bigger. Our Year 6 Charity Captains also show the importance of turning empathy into action.



Through fundraising, awareness campaigns, and initiatives to support those in need, they demonstrate that positive change is possible when we work together. Their dedication motivates the whole school community to reflect on how they can make a difference, reminding us that we all have a role to play.

Together, by making small changes in ourselves and supporting one another, we can all become better versions of ourselves and truly be the change we want to see in the world.



Mrs F McGrath
Phase Leader/Prep (Ed Ops)
Senior School Transition
Head of Science
Year 6 FT (6M)





Everything you need to know for Sponge the Teacher and collection deadlines

Thank you for all your efforts in raising sponsorship money – it is greatly appreciated!

If children would like to take part in the “Sponge the Teacher” event, please ensure any money for this is brought into school on **Monday 23rd, March** as this is the day of the sponging!

Children should arrive into school wearing PE kits and bring a waterproof coats in case it rains.

All other sponsorship money can be brought in by **Thursday 26th March** so it can be counted.

The total amount raised will then be revealed in assembly on **Friday 28th March** – we are very excited to share the final figure!



Next Week

Thought of the Week

Do something creative everyday

Happy school, Healthy school, Safe school

Looking after our environment in spring



Communication Key Dates





NEXT WEEK

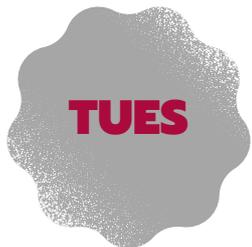
At a glance... WC 23 MARCH



After School Club
cancellations



Walkathon Children to wear PE Kits



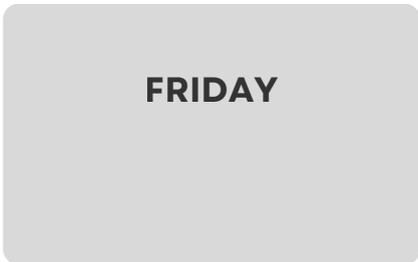
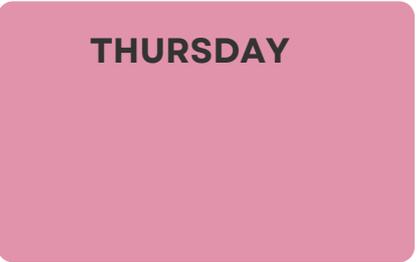
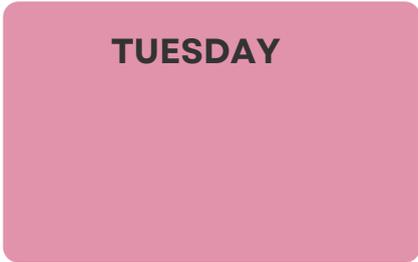
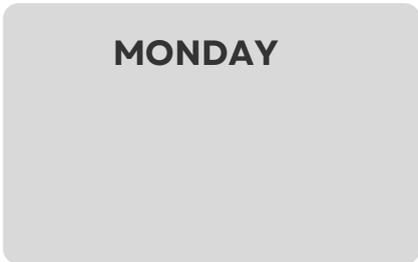
BPS Hosting ISA Netball
Tournament - Staff Car Park
closed.



Y3 & Y4 Show - 2pm



Y1 Trip



Key dates at a glance

March and April - Spring 2

FOLLOW US



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 March	3 Science Day	4	5 World Book Day	6
9	10	11	12	13 Y1 Mothers Day Assembly - 9am
16	17 Y4 Trip LAMDA Exams	18 LAMDA Exams	19 Open Day for Prospectives	20 <i>Eid ul Fitr</i>
23 Walkathon	24	25	26 Y3 & Y4 Show 2pm	27 Y1 Trip
30 <i>Easter</i> BPSS Easter Egg Hunt & Easter Bonnet Parade	31 Y5 Residential	1 April Y5 Residential	2 Y5 Residential School Closes	

MONDAY

Y1 & Y2 Dance
Y5 Netball
Y2 Art
Y3 - Y6 Ukulele
Y3 Baking Club

TUESDAY

Y1 & Y2 Yoga
Y5 & Y6 Chamber Choir
Y3 & Y4 Recorder Club
Y3 - Y6 Fencing
Y3 & Y4 Science Club
Y3 Baking Club

WEDNESDAY

Y3 - Y6 Multi Sports
Y3 - Y6 Art
Prep Rock Band
Y5 & Y6 Recorder Club
Y4 Netball

THURSDAY

Y6 Netball
Y1 - Y6 Drama
Pre Prep Recorder Club
(Y3 - Y5 Street Dance)
Y1/Y2 & Y5/Y6 Football

FRIDAY

Y3 - Y6 Yoga
Y3 - Y6 Full Orchestra
Y1 -Y6 Mandarin

April and May - Summer Term 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 April School Opens Summer Uniform	21 Alderley Edge Musical Festival	22 Alderley Edge Musical Festival	23 Whole School Photo School Uniform to be worn	24 Prep Quidditch Day
27	28	29	30	1 May Break the Rules Day
4 School closed for Bank Holiday	5 Y3 Residential	6 Y3 Residential Y4 Residential	7 Y4 Residential Y6 Stem Day	8 Y6 Stem Day
11	12 Lower School Mini B-Fest	13	14	15





Running for Reggie: Mr Powell's Manchester Marathon Challenge



Supporting Manchester Sands and the Manchester Sands Connect Initiative

On April 7th 2021, our beautiful son Reggie Albert Powell was born. He passed away peacefully shortly after birth. He was absolutely perfect in every way - and always will be.

This April marks five years since Reggie was born. To honor him, 12 days after his 5th birthday, I will be running the Manchester Marathon in support of Manchester SANDS, a charity that means more to our family than words can express.

Finding a Safe Space

A few months after losing Reggie, Miss Powell and I attended our first SANDS meeting. Sitting in a room with other parents who truly understood our loss was incredibly powerful. There is something profound about not having to explain your grief; in that room, we were simply acknowledged as "parents."

When the long-term leaders of the Manchester branch relocated, we made the decision to continue their work. We now proudly facilitate the monthly meetings as Co-Chair and Co-Treasurer. These meetings provide a safe, compassionate space for anyone in our local area who has experienced baby loss at any stage or under any circumstances.

Manchester SANDS Connect: A Local Initiative

While a warm room and empathy are vital, we have witnessed that these comforts are sometimes not enough. The trauma of losing a baby often requires professional, clinical support.

@MANCHESTER_SANDS

WWW.MANCHESTER-SANDS.ORG.UK



SCAN THE QR CODE OR [CLICK HERE](#)

To address this, we have developed *Manchester SANDS Connect*. It is important to note that this is not a national SANDS initiative; it is a unique, one-of-a-kind project that we have built specifically for Manchester.

Our goal is to fund dedicated psychotherapy sessions so local parents can access help at the point they need it most, without having to navigate long NHS waiting lists.

This initiative is already making a profound difference, with six local families having already received this vital support.

Every Mile Counts

Every penny raised from this marathon will go directly toward this local fund. By supporting this challenge, you are helping ensure that no parent in our community has to navigate this devastating loss without access to the right professional support.

Thank you for your kindness and for helping us honour Reggie's memory.

Mr Powell and Miss Powell



Date for your diary!

Easter celebration
Monday 30 March.



SAVE THE DATE

Our Easter assembly will take place on Monday 30 March and the whole school is invited to wear spring colours and, if they wish, an Easter bonnet. The annual BPSS Easter Egg Hunt will also take place after school with parents or carers.

This will be a joyful way to welcome the new season and share in the festive spirit together. We look forward to celebrating these important cultural and seasonal events as a school community and thank you for your continued support in helping us foster an inclusive and respectful environment for all.

BPS UNIFORM

The BPS Society sell **pre-loved uniform** throughout the academic year with all funds raised going towards our School. Please contact the School Office if you have an enquiry

To **purchase new uniform**, the BPS Uniform Shop will be open this week on:

Tuesday 8.10 - 9am

Thursday 8.10 - 9am and 3 - 4.45pm

Please email victoria@pwschoolwear.com to arrange a fitting appointment or you can purchase online (local delivery is free)

<https://www.pascoeandwillis.com/bowdon-preparatory-school>.

Password: BPS24

*** Reminder - The Summer Uniform will be worn after the half term break***



BPS

EGM

Extraordinary General Meeting

★ Everyone is welcome! ★

Tuesday 21 April at 7.30pm, via Zoom.

Email bpsociety@bowdonprep.org.uk
to receive a calendar invite.

The EGM is all about approving the Society's
transition to registered charity status.





MRS ABBEY'S LUNCH



WC 23 MARCH 2026

MONDAY



*Chicken or Panner Curry, Naan Bread and Rice
Broccoli
Sorbet*

TUESDAY



*Veggie or Beef Lasagne, Garlic Bread
Green Beans
Fruit or Yogurt*

WEDNESDAY



*Jacket Potato with various toppings
Salad Bar
Carrot Cake*

THURSDAY



*Veggie or Pork Meatball Pasta
Peas
Iced Sponge*

FRIDAY



*Quorn or Chicken Paninis
Sweetcorn
Flapjack*



The salad bar with fruit and yogurt (as an alternative to desserts) is available each day

Health and Safety Notice

As an 'Allergy Aware School' - we are a nut and sesame seed free school
Please be mindful when sending items into school, including birthday treats.

Please cut grapes in half - length-ways or in quarters.

Please note, due to manufacturing processes, some products used in the school kitchen state
may contain nuts/sesame'.

All our food is made using the finest quality produce, suppliers include Taylor's of Sale and Bettaveg

Curriculum

Reflecting on our week at BPS





A Journey Through Time: Year 4 Step into Tudor Life

From grand halls to busy kitchens, pupils experience history firsthand at Salford's oldest building

Year 4 took a remarkable step back in time during their recent visit to Ordsall Hall, Salford's oldest building, which has stood for over 820 years. The trip brought their Tudor studies to life in a truly memorable way, allowing pupils to immerse themselves in both the luxury and labour of the era.

During the day, the children experienced what it might have been like to live as a wealthy Tudor. They had the opportunity to assist Lady Radclyffe herself, carefully creating their own sweet-smelling bags and selecting fragrances, just as people would have done centuries ago.

Reflecting on the experience, Miss Cross shared, "It was wonderful to see the children so engaged with their learning. They fully embraced the roles they were given and showed great enthusiasm throughout the day."

However, life in Tudor times was not all comfort and elegance. The pupils also stepped into the shoes of Martha the maid, discovering the hard work and responsibility required in the kitchens. This contrast helped deepen their understanding of the differences between rich and poor during the period.

Miss Cross added, "The children really developed an appreciation for how different life was depending on your role in society. It was a fantastic way to bring history to life."



To round off the day, Year 4 enjoyed learning and performing a traditional Tudor dance, a lively and joyful end to their historical adventure.

After a day filled with discovery, creativity, and hands-on learning, Year 4 safely returned to 2026—bringing with them a richer understanding of the past and plenty of stories to share.





Sport
@BPS



International Stars Visit Bowdon Prep!

A Special Hockey Masterclass with Bowdon Hockey Club

We are excited to be welcoming Bowdon Hockey Club into school on Friday 27 March. This is a fantastic opportunity for our pupils to learn from the best in the sport.

With two international players joining us, our Year 4 and 5 pupils will have the unique chance to ask questions and hear all about their professional hockey journeys. It is sure to be an inspiring session for our aspiring athletes!

"We are absolutely delighted to welcome Bowdon Hockey Club to our school. For our Year 4 and 5 pupils to meet international athletes and hear about their dedication and journey is incredibly inspiring. It's a wonderful opportunity to see elite sport in action right here on our own pitches." said Mrs. Hughes.

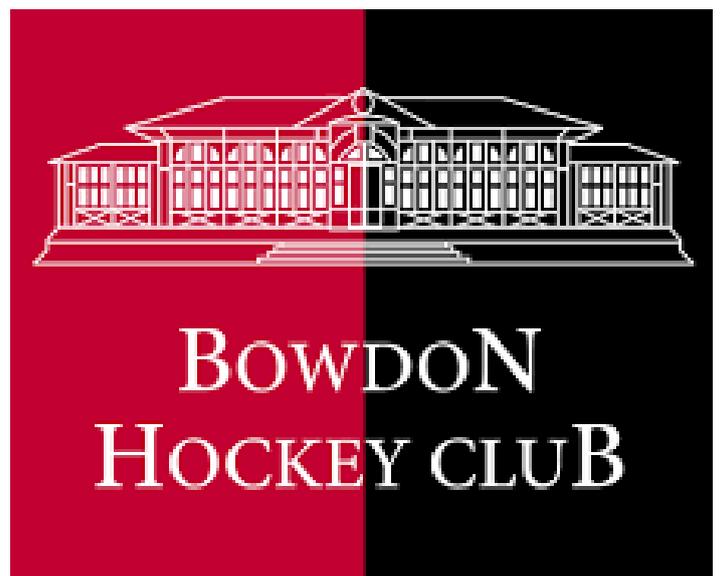
Skills, Drills, and Fun

The excitement continues into the afternoon as we head out onto the pitches. The pupils will take part in expert-led hockey drills and fun games, putting their skills to the test under the guidance of top-level players.

Important Information for Parents

To ensure everyone is ready for the action:

- All Year 4 and 5 pupils should come to school wearing their full PE kit on Friday 27 March.
- It's set to be a great afternoon!



UPCOMING FIXTURES

MONDAY 23 MARCH
YEAR 6 NETBALL V LADY BARN (AWAY)

TUESDAY 24 MARCH
ISA U10 HI 5 NETBALL TOURNAMENT (AT BPS)
11.00AM - 2.00PM

YEAR 5/6 NETBALL V BROADHEATH (HOME)

WEDNESDAY 25 MARCH
YEAR 3 NETBALL V LADY BARN (AWAY)

THURSDAY 26 MARCH
U11 GREATER MANCHESTER LACROSSE
TOURNAMENT (AWAY) - ARMITAGE CENTRE

BELIEVE. PERSEVERE. SUCCEED.



Staff of the Week

Each week, the School Council present this prestigious award during the Celebration Assemblies



Mr Abbey

This week we're celebrating Mr Abbey, our brilliant caretaker, whose hard work keeps our school running smoothly every single day. Whether he's fixing a problem before anyone even notices, greeting pupils with a smile, or making sure our building is a safe and welcoming place, nothing is ever too much trouble for him. We're so grateful for his dedication, positivity, and the care he puts into everything he does. Thank you, Mr Abbey –you truly make a difference!

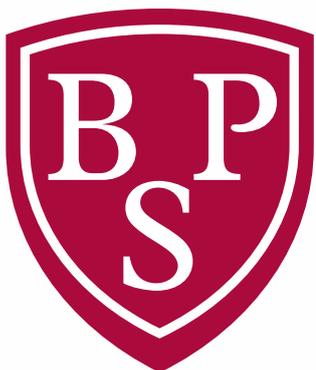


Mrs Hughes

Mrs Hughes, our Head of Sport and Phase Leader - your energy, encouragement, and enthusiasm inspire every pupil you teach. You bring joy to every lesson, helping children grow in confidence, teamwork, and resilience—always with a smile. Thank you, Mrs Hughes, for making PE a highlight of the week and for everything you do to keep our school active, motivated, safe and happy!



BOWDON PREP SCHOOL



**BELIEVE
PERSEVERE
SUCCEED**



ASHLEY RD, ALTRINCHAM, WA14 2LT