

3RD OCTOBER 2025

# BOWDON

BULLETIN

## THOUGHT FOR THE WEEK

Gratitude lightens the wait;  
patience sweetens the reward

## LACROSSE TRIUMPH FOR YEAR 5

Our girls enjoy success during their  
first on-field experience

**BELIEVE  
PERSEVERE  
SUCCEED**



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[office@bowdonprep.org.uk](mailto:office@bowdonprep.org.uk)

COMMUNICATION. CURRICULUM. CARE.





## AT A GLANCE: In this weeks Bulletin

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## Thought for the Week

# Gratitude lightens the wait; patience sweetens the reward

**This week, we were delighted to welcome Rev'd Andrew back into school to lead our Harvest Assembly. We also want to extend a heartfelt thank you to all our parents for their generous donations, which will be delivered to two wonderful local organisations: Trafford Foodbank and The Hope Centre in Partington, helping to support families in need across our community.**

We're also very grateful that Rev'd Andrew has kindly written this week's Thought of the Week, reflecting on the theme of "Gratitude lightens the wait; patience sweetens the reward." This beautiful truth came to life during our Harvest Assembly.

'During the harvest Assembly, we explored how even something as simple as a Jammy Dodger biscuit holds within it a whole world of God's creation and the efforts of so many people.

**From the planting of a seed in a field to the biscuit in our hand, there's a long journey—one that requires patience from farmers, bakers, and drivers alike.**

When we choose to be grateful for that process, the waiting becomes lighter. It's no longer just about the delay, but about appreciating the love, care, and work that go



into bringing something good to us. And when we finally enjoy the reward—that little burst of jammy sweetness—it becomes even more meaningful because we understand the story behind it. This idea speaks to our everyday lives at school too.

Whether we're waiting to understand a tricky maths concept, waiting for our turn in a game, or patiently practising a piece of music, we have the opportunity to choose gratitude. Gratitude for the teacher who guides us, for the friends who support us, and for the chance to grow and learn.





## Thought for the week continued..

That thankful spirit makes the challenge feel lighter. And when we finally succeed—when we 'get it', score the goal, or play the piece beautifully—our joy is deeper because we've patiently persevered.

This rhythm of thankfulness and patience helps us live out our school motto: Believe, Persevere, Succeed. So as we go into this week, let's carry this thought with us: a grateful heart and a patient spirit can turn any wait into a joyful journey, and any reward into a truly sweet success.' Rev Andrew, Vicar at St Mary's Church Bowdon.

## A note from Mrs Makepeace-Taylor

We were all deeply saddened to hear about the attack at the synagogue in Heaton Park, especially on such a significant day for the Jewish community. Our thoughts are with our Jewish families and the wider Jewish community during this difficult time.

We will continue to support our pupils by providing a safe and calm space for any children who wish to share their thoughts or feelings; by offering reassurance that school is a safe place and there are trusted adults here to support them; by looking out for children who may appear quieter, more distracted, or more upset than usual, and checking in with them gently. Thank you to everyone, for supporting each other, and for being part of a school where all faiths and beliefs are valued & respected.



Mrs S Makepeace-Taylor  
Headteacher

## Looking Ahead: Next Week

### Thought of the Week

"Let's celebrate our uniqueness - it takes lots of different flowers to make a beautiful bouquet."

**Happy school, Healthy school, Safe school**  
Wellbeing



Mrs S Makepeace-Taylor  
Headteacher



# Communication

## Key Dates





# NEXT WEEK

At a glance...

**WB 6TH  
OCTOBER**

Y4 reviews will take place this week

*After School Clubs  
cancellations.*

**MON**

**6**

**MONDAY**

**TUES**

**7**

**TUESDAY**

**WED**

**8**

**WEDNESDAY**

**THUR**

**9**

Individual School photos

**THURSDAY**

**FRI**

**10**

**FRIDAY**



# Autumn Term 2025

## Key Dates at a glance

### October



Why not print and add the Club/Activities that your child/children attend here...

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 <i>Yom Kippur</i>  EY Harvest – 9am parents invited	3
	7	8	9  Individual school photos	10
	14  Parents’ Evening  & Book Fair	15  Y5 trip  Book Fair	16  Parents’ Evening  & Book Fair	17 <i>Diwali</i>  School closes for Half Term

**MONDAY**  
Y1 & Y2 Dance  
(Y5 Netball)  
Y2 Art  
Y3 Baking

**TUESDAY**  
  
Y1 & Y2 Yoga  
Y5 & Y6 Chamber Choir  
Y3 Baking

**WEDNESDAY**  
  
Y3 - Y6 Multi Sports  
Y3 - Y6 Choir  
Y3 - Y6 Art  
Rock Band

### November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <i>School opens</i>  Y5 8am Sessions start	4	5  Y5 Residential Zoom	6	7  Y2 Trip BPSS Disco
10  Rec Walk	11  Class Reps Y6 Outward Bound Zoom - 6pm	12	13	14  Anti Bullying/Odd Socks/ Children in Need
17	18  Open Morning - Prospective Parents	19  Y5 Trip	20	21
24	25	26	27  Y4 Trip	28  Prep Theatre trip

**THURSDAY**  
  
Y6 Netball  
Y1 - Y6 Drama  
Y3 - Y5 Street Dance  
Y1 & Y2 Recorder Club

**FRIDAY**  
  
Y3 - Y6 Yoga  
Y3 - Y6 Full Orchestra  
Y1 -Y6 Mandarin

FOLLOW US





## WELCOME BABY ORLA TO THE BPS FAMILY!

Congratulations to Mrs Lydon and her husband on the safe arrival of their beautiful daughter Orla Kate Lydon, born on Saturday 20 September weighing 6lb 9oz. Welcome to the Bowdon Prep family too! We can't wait to meet Orla.



**WEAR YELLOW ON  
OCTOBER 10TH!**

**YOUNGMINDS**

**Hello  
Yellow  
FRIDAY 10 OCT**

## SHINING BRIGHT FOR WORLD MENTAL HEALTH DAY

On Friday, **10th October**, we will be marking World Mental Health Day together as a school. To show our support, children are invited to wear a yellow accessory, alongside their uniform.

Yellow is a symbol of hope, positivity, and happiness – values that reflect our vision at Bowdon Prep to nurture confident, resilient, and compassionate young people. By celebrating this day, we continue to build a school community where wellbeing is prioritised, kindness is shown, and every child feels supported.

## INDIVIDUAL SCHOOL PHOTOS - **NEXT THURSDAY**

Individual photos will be taken throughout the day next Thursday. Please ensure your daughter arrives at school in full school uniform, including her blazer. Please remove any badges. PE kits are not needed unless your daughter takes part in netball after school.







# MRS. ABBEY'S LUNCH



WB 06.10.25

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## MONDAY



*Veggie or Beef Pasta Bolognaise*  
*Green Beans*  
*Blueberry Muffin*

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## TUESDAY



*Veggie or Pork Sausages, Mashed Potatoes*  
*Baked Beans and Carrots*  
*Sorbet*

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## WEDNESDAY



*Baguettes with selection of fillings*  
*Olives and Salad Bar*  
*Oat Cookies*

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## THURSDAY



*Veggie or Chicken Fajitas*  
*Sweetcorn*  
*Fruit or Yoghurt*

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## FRIDAY



*Veggie or Fish Fingers, Potatoe*  
*Peas*  
*Lemon Shortbread*

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### Salad Bar available each day

If you provide grapes as a snack, for health and safety  
**PLEASE cut grapes in half- length-ways or in quarters**



### BPS is a nut and sesame seed free school

Please note, due to manufacturing processes, some products used in the school kitchen state  
'may contain nuts/sesame'.

Fruit and yogurt are available daily as an alternative to desserts. All our food is made using the  
finest quality produce, suppliers include Taylor's of Sale (Butchers) and 'Bettaveg'.



# BPS SOCIETY NEWS

## THE ANNUAL BPS HALLOWEEN AFTER PARTY DISCO FRIDAY 7 NOVEMBER

It's that time of year again – the much-anticipated BPS Spooky Disco is just around the corner on **Friday 7 November**

Years 1–3: 3.45 – 4.45pm

Years 4–6: 5.15 – 6.15pm

For just £10 per ticket, the children will enjoy an evening filled with treats, games, prizes, and plenty of dancing with our live DJ.

Tickets will be available to purchase via ParentPay from Monday, and further details will be shared through the Reach More Parents app.

We can't wait to see all the children dressed in their spookiest costumes, ready for a night of fun and frights.







# Heart and circulatory diseases kill 1 in 4 people in the UK.

Funds raised from donated items like your unwanted sofa, TV or fridge can help find the cures, treatments and preventative measures needed to beat heart and circulatory diseases. We'll collect them from your home for free and find them a new life.

## We need good quality:

- Sofas, suites and chairs
- Beds and bedroom furniture
- Dining tables and chairs
- Coffee tables and side tables
- Homewares (pictures, mirrors etc)
- Office furniture
- Televisions, DVD players, radios and Hi-Fis
- Fridges, washing machines, microwaves and other appliances
- Also clothes, books, CDs, DVDs, shoes and accessories

There are some items we can't take for safety or quality reasons.

## Book a free collection

Call your local Sale Home Store

0161 825 9280

**bhf.org.uk/collection**

©British Heart Foundation 2021, a registered charity in England and Wales (225971) and Scotland (SC039426).

*giftaid it*

Don't forget to add Gift Aid to boost the value of your donation by 25%



# BPS SOCIETY NEWS

## Donations Needed: Help Build Our Costume Bank!

The BPS Society is building up a preloved costume bank for parents to purchase for school events. Firstly -Victorian Day costumes for Y5 needed before the end of September.

Following this, we will ask for donations for Nativity, Y3 Waxworks & World Book Day.

**Please leave clean, labelled donations and pre loved uniform in Bella Bench.**  
**Thank you!**



## BPS UNIFORM

Our wonderful BPS Society sell pre-loved uniform throughout the academic year with all funds raised going towards our school. The next sale will be during the next Parents' evenings.

To **purchase new uniform**, the BPS Uniform Shop will be open this week on;

Mon 6 Oct 8.10–9am

Thurs 9 Oct 8.10- 9am

You can email [victoria@pwschoolwear.com](mailto:victoria@pwschoolwear.com) to arrange a fitting appointment or you can purchase online (local delivery is free)

<https://www.pascoeandwillis.com/bowdon-preparatory-school>.

Password: BPS24





# The BPS Learning Hub

## Quick Links. Smart Learning.

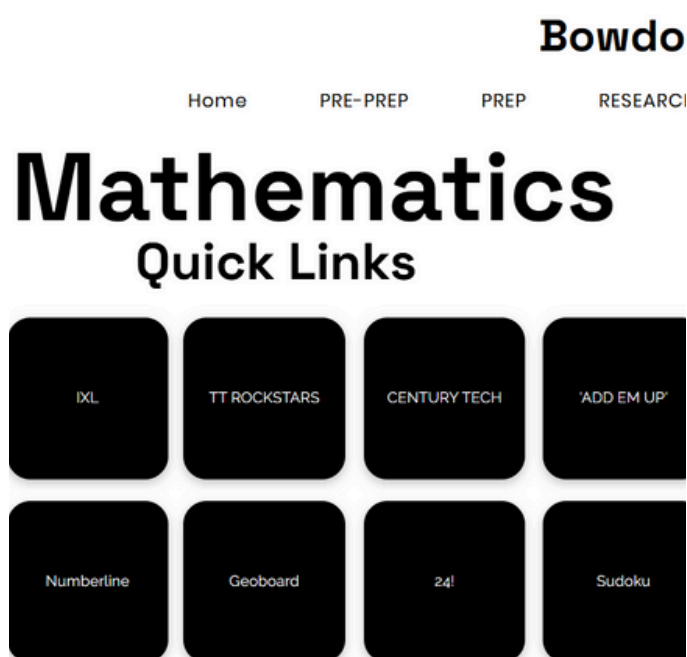
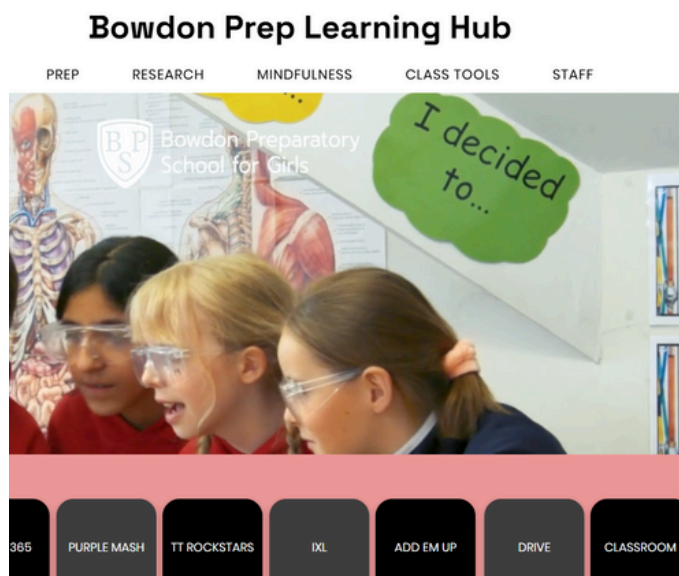
Whenever the girls open a browser in school, they are prompted to visit the BPS Learning Hub. Built in-house, this one-stop site provides quick and easy access to the resources we use most often, both in school and at home.

The Hub includes links to Century Learning, IXL, and TTRockstars, as well as safe search engines, maths games, NVR videos (visit the Prep section for these), and even calming meditation clips. In short, if we use it in school, you'll find it on the Hub!

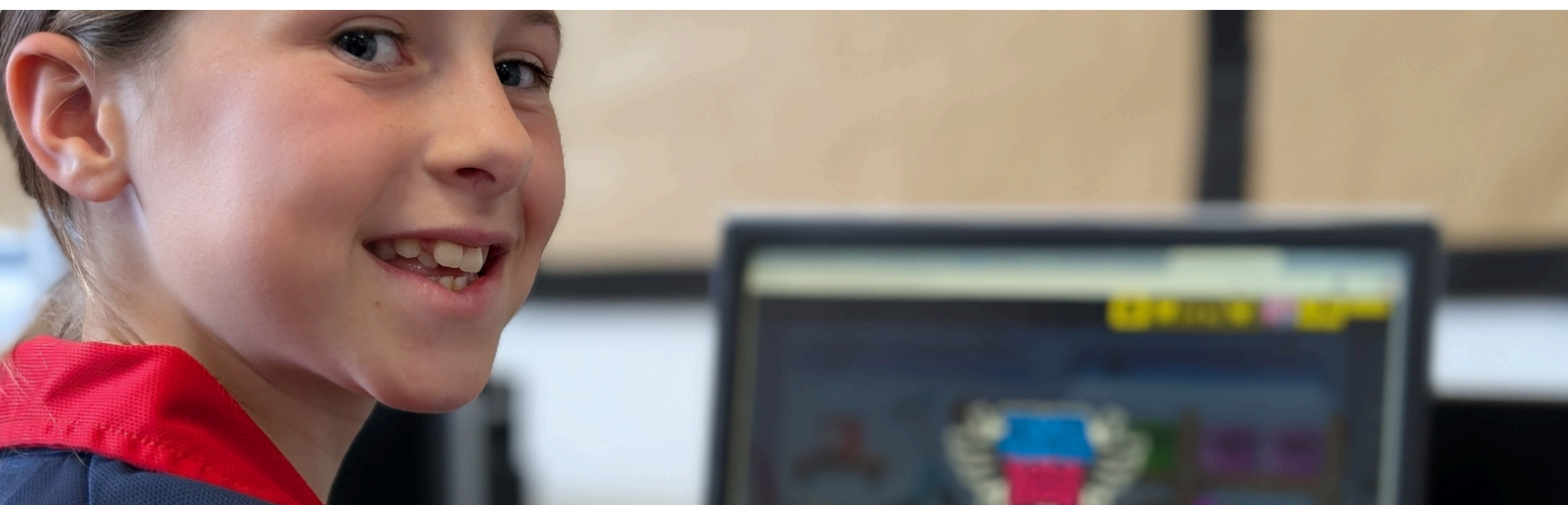
Why not add the Hub to your child's device at home? It's a fantastic way to encourage independence with homework and is especially useful for pupils who are new to BPS.

We'll continue to develop the Hub throughout the year, and we'd love your input. If there are resources you feel would benefit our girls, please do get in touch with us.

# www.bpslearninghub.org



Maths Bot - Qu







**Sport**  
**@BPS**



# BOWDON SPORT

## LACROSSE DEBUT

### Lacrosse Triumph for Year 5!

On Monday 22nd September, the Year 5A Lacrosse team travelled to Withington for their very first field lacrosse fixture. Excitement was high as the team took to the grass pitch, playing with field lacrosse sticks for the first time.

The opening match against Moreton Hall was a brilliant start, with the girls showing great teamwork and determination to secure a convincing 7-0 victory. Building on this success, the team then faced a tougher challenge against Withington. In a close contest, they worked hard but were narrowly defeated 2-4.

A special mention goes to Erin, who was named Player of the Afternoon after scoring an outstanding six goals across the matches – a fantastic achievement!

Well done to the entire team for such a strong performance in their debut outing. Everyone is now looking forward to the next lacrosse match with great enthusiasm.

### Resilient Performance from our Y6 Netballers

On Thursday, our Year 6 girls faced strong Withington sides in a set of netball matches. Despite coming up against some very tall and skilful players, the girls showed great determination and resilience throughout.

Many stepped up to the challenge, displaying excellent teamwork and commitment on court. Although the results did not go our way on this occasion, the girls gained valuable match experience and will take plenty of learning into their future games.



# ***UPCOMING FIXTURES***

**WEDNESDAY 8<sup>TH</sup> OCTOBER**  
**YEAR 4 , NETBALL**  
**VS ST VINCENTS (HOME)**

**THURSDAY 9<sup>TH</sup> OCTOBER**  
**YEAR 6, NETBALL**  
**VS ST VINCENTS (HOME)**



***BELIEVE. PERSEVERE.  
SUCCEED.***



# Staff of the Week

Each week, the School Council presents this prestigious award during the Celebration Assemblies



**Mrs Wilshaw**

Mrs Wilshaw, what a fabulous teacher you are. You make us smile every day and we love all our lessons with you. Thank you for being amazing.

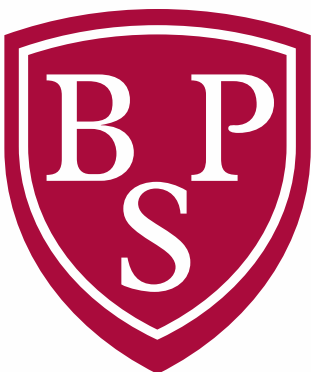


**Mrs Glendon**

Mrs Glendon, you are an inspiration and we love having our lessons with you.. You always support us and encourage us. Thank you so much.



# **BOWDON PREP SCHOOL**



**BELIEVE  
PERSEVERE  
SUCCEED**



**ASHLEY RD, ALTRINCHAM, WA14 2LT**