

20TH JUNE 2025

BOWDON

BULLETIN

OUTWARD BOUND IN ULLSWATER

Year 6 experience an
adventure of a lifetime

WIZ WHAM ALAKAZAM:

A Magical Adventure On Stage

EATING HEALTHILY – MAKING GOOD CHOICES ABOUT THE FOOD WE EAT

Happy Healthy School

**BELIEVE
PERSEVERE
SUCCEED**



www.bowdonprep.org.uk



office@bowdonprep.org.uk



COMMUNICATION. CURRICULUM. CARE.



Happy school, Healthy school, Safe school:

Eating healthily – making good choices about the food we eat

At BPS, we believe healthy eating is about much more than food—it's about empowering our pupils to make informed, balanced choices that support their learning, development, and overall well-being.

Each day, our school meals are thoughtfully prepared by Mrs Abbey, who ensures a varied and nutritious menu rich in fruits, vegetables, whole grains, and lean proteins. These well-balanced meals provide the fuel our pupils need to stay focused, energised, and ready to learn. We also promote healthy snacks and drinks—such as water and milk—to help keep minds alert and bodies well-hydrated throughout the day.



Equally important is ensuring the safety of all our pupils. BPS is a strictly nut-free and sesame-free environment, and we kindly ask families to continue supporting this policy by avoiding products containing these allergens in packed lunches, snacks, and even sun lotion. This collective effort plays a vital role in protecting those with severe allergies and helps create a safe, inclusive space for every child.



Families are an essential part of our healthy eating ethos. Whether it's involving children in meal preparation, offering nutritious choices at home, or fostering positive conversations about food, your support makes a lasting impact.



Bowdon Bulletin

In school, pupils learn about the importance of nutrition through engaging lessons, themed weeks, and enrichment activities like Baking Club. These experiences help them understand how food choices influence their bodies and minds—encouraging lifelong healthy habits.

We were especially proud of the BPS community's generosity during our Harvest celebrations, when donations to the local food bank highlighted the value of gratitude and the power of small acts of kindness.

Together, we can nurture a culture where healthy, safe eating is a shared priority—ensuring every child receives the nourishment they need to thrive.



Pupil Voice



Delicious Dishes Delight Year 2

"We love the choices of different fruits at lunchtime and also the salad bar!"

"We love the choices and that we can have either meat or veggie option."

"We like that we have to think about our snacks and we love the no-sugar biscuits."

"The ice lollies on Sports Day were amazing!"



Looking Ahead: Next Week

Thought of the Week

**Leave a little kindness
wherever you go**

Happy school, Healthy school, Safe school

Feel respected. Be respectful.



S Makepeace

Mrs S Makepeace-Taylor
Headteacher



Communication

Key Dates

NEXT WEEK

At a glance... JUNE 23RD

Year 5 Parents: Y5 Review Meetings are scheduled to take place across this week.

*After School Clubs
cancellations.*

MON
23

*Welcome to Y5 Zoom - 5pm
Welcome to Y6 Zoom - 5.30pm
Y3 - Go Explore*

TUES
24

*Whole Class Photo - pupils to arrive in school uniform.
Welcome to Y3 Zoom - 5pm
Welcome to Y4 Zoom - 5.30pm
Y3 - Go Explore*

WED
25

*Y2 Trip
Welcome to KG Zoom - 5pm
Y3 - Go Explore*

THUR
26

*Y2 - Y3 Transition afternoon for girls and parents - 2pm
Welcome to Rec Zoom - 5pm
Y3 - Go Explore*

FRI
27

*Reception Trip
Y3 - Go Explore*

MONDAY

...

TUESDAY

Y4 Rounders

...

CANCELLED

WEDNESDAY

THURSDAY

FRIDAY

Summer Term 2

Key Dates at a glance

June 2025



Why not print and add the Club/Activities that your child/children attend here...

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Staff Inset Day	10 School Opens	11 Sports Day	12	13
16 Y6 Residential	17 Y6 Residential Open Morning	18 Y6 Residential Welcome Y1 Zoom Welcome Y2 Zoom	19 Y6 Residential Y1 & Y2 Show	20 Y6 Residential
23 Welcome Y5 Zoom Welcome Y6 Zoom	24 Whole Class Photo Welcome Y3 Zoom Welcome Y4 Zoom	25 Welcome KG Zoom	26 Welcome to Reception Zoom	27
30	1	2	3	4

MONDAY

Y1 & Y2 Dance
Y2 Art
Y3 - Y6 Woodwind
Y5 Rounders

TUESDAY

Y1 & Y2 Yoga
Y4 Rounders
Y5 & Y6 Chamber Choir

WEDNESDAY

Y1 & Y2 Recorder
Y3 - Y6 Art
Y3 - Y6 Multi Sports
Y4 - Y6 Rock Band

THURSDAY

Y1 & Y6 Drama
Y3 - Y4 Street Dance
Y3 - Y6 Recorder
Y6 Rounders

FRIDAY

Y3 & Y4 Lacrosse
Y3 - Y6 Orchestra
Y1 - Y6 Mandarin

July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Year 5 and 6 Show	2 Year 5 and 6 Show - matinee and evening	3 'Moving Up' Day	4 School Reports
7	8 Open School Event (end of day)	9 Modern Foreign Languages Day	10 Optional Parent Zoom Meetings	11 Year 3 Waxworks
14	15	16 Y6 leavers assembly School closes at 12pm	17	18



**FOLLOW US ON
INSTAGRAM**



**AT BPS, WE ARE GETTING VERY EXCITED FOR
THE MAGNIFICENT Y5 & Y6 PERFORMANCE OF**

MATILDA JR.



WATERSIDE ARTS CENTRE

TUESDAY 1ST JULY • 7:00PM

WEDNESDAY 2ND JULY • 2:00PM

AND 7:00PM

**TICKETS ARE AVAILABLE TO PURCHASE FROM
THE WATERSIDE ARTS CENTRE AND VIA**

www.watersidearts.org/events/roald-dahls-matilda-the-musical-jr



**Bowdon Preparatory
School for Girls**





BPS SOCIETY NEWS

An Open Letter to New Parents

Dear Parents and Carers,

A warm welcome from the Bowdon Preparatory School (BPS) Society! We are delighted that you and your daughter have joined our vibrant school community. As a parent or carer of a girl at BPS, you automatically become a member of the BPS Society.

Run entirely by parent volunteers with the support of Mrs Maxine Ashton (PA to Mrs Makepeace-Taylor), the Society plays a key role in school life—organising a variety of much-loved events such as the Halloween Disco and Christmas Fair. These events not only raise vital funds for the school but also offer wonderful opportunities for parents to connect and socialise. We're proud to support the school in meaningful ways.

Our goal is to raise £10,000 each year to fund additional services and experiences that enrich our daughters' time at BPS. Thanks to your support, we recently purchased a school minibus, which now transports the girls to sporting fixtures and other off-site activities.

We also champion sustainability through our preloved uniform shop and initiatives like drama costume recycling—helping to keep costs down for families while promoting eco-conscious values. Your involvement, no matter how big or small, makes a difference. Whether it's donating a raffle prize, sending in outgrown uniform, or lending a hand at an event, every contribution is appreciated.

Bowdon Bulletin

We understand that parents are busy and not everyone can commit time or money—your support in any form is valued. We'd love to meet you at our next meeting on **Friday 19th September 2025 at school**. It's a great chance to hear more about what we do and how you can get involved.

If you'd like to stay in the loop, please join our BPS Society WhatsApp group by messaging Mrs. Ashton at **headteacher@bowdonprep.org.uk**—we'd love to hear from you! We look forward to a fantastic year ahead and to welcoming you into our supportive and spirited community.

Warm regards,

BPS Society Co-Chairs



**Bowdon Preparatory
School for Girls**

**BPS SOCIETY
NEWS**

Reminder →

The Bella Bench: Sharing Uniforms and Costumes with Care

The Bella Bench, located just outside the pupil entrance, is the perfect place to donate preloved uniform and costumes. Open every day, it's a simple, sustainable way to pass on outgrown items and give them a new lease of life with another family. Please ensure any donations have been washed and ready for their new home!

Your donations help support our school community, promote eco-friendly habits, and make a positive difference — thank you for your generosity!



Bowdon Bulletin

What do our Y5 girls think of life at Bowdon Prep? See 'Bowdon Buzz' in our Curriculum section...

Pupil Perspectives on Prep Life



Our wonderful BPS Society hold pre-loved uniform sales throughout the academic year. The uniform shop timings for next week can be found below.

UNIFORM SHOP OPENING HOURS



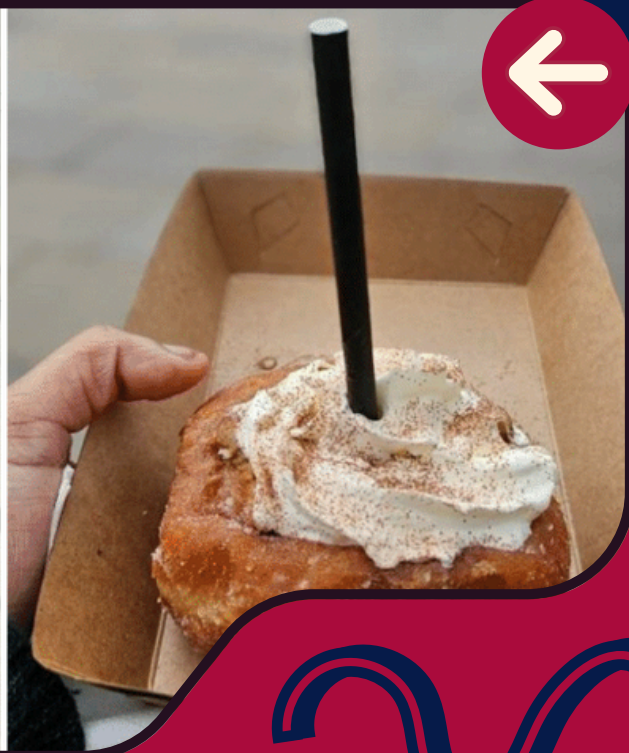
**TUESDAY (8.10- 9AM)
THURSDAY (8.10- 9AM)**

*Uniform can also be ordered online via
www.pascoeandwillis.com/bowdon-preparatory-school
Password: BPS24*



VANOFFEE

Every Wednesday
AT BPS 7.30-9.30AM



LOOK OUT FOR VANOFFEE ON SITE — COME ALONG, GRAB A COFFEE OR TREAT, AND SUPPORT THE BPS SOCIETY AT THE SAME TIME!

✕ 10% OF ALL PROFIT WILL BE
DONATED TO THE BPS SOCIETY. ✕





MRS. ABBEY'S LUNCH



WC 23 JUNE

MONDAY



*Chicken or Quorn Pie, Roast Potatoes
Broccoli
Fresh Fruit or Yogurt*

TUESDAY



*Veggie or Sausage Rolls, Mashed Potato
Baked Beans and Carrots
Mango and Orange Sorbet*

WEDNESDAY



*Baguettes with various fillings
Sweetcorn or Olives
Oat Cookies*

THURSDAY



*Veggie or Beef Pasta Bolognese
Broccoli
Blueberry Muffins*

FRIDAY



*Veggie or Fish Fingers, Potato Wedges
Peas
Shortbread flowers*

BPS is a nut and sesame seed free school

However, due to manufacturing processes, some products used in the school kitchen state that they 'may contain nuts/sesame'. Vegetarian options, salad bar, fruit and yoghurts are available daily. All our food is made using the finest quality produce.

Suppliers include Taylor's of Sale (butchers) and 'Bettaveg'.

**If you provide grapes as a school snack, for health and safety -
PLEASE cut grapes in half lengthways or in quarters**



Curriculum

Reflecting on our week at BPS





BOWDON BUZZ...

Pupil Perspectives on Prep Life

THIS WEEK WE FOCUS ON YEAR 5, WHO WERE ASKED 'WHAT MAKES BPS SPECIAL TO YOU?'



Scarlett, Year 5

BPS is special to me because it is a place where I feel everyone is included, all of the teachers are caring and supportive and my friends are very loyal and kind. Going to **BPS makes me very happy every day**, our teachers teach us to be resilient, kind and many more good qualities. My teachers and friends are an important part of my life. In Year 5, my teachers have helped me through my classwork and support my wellbeing.



Hosna, Year 5

BPS is very special to me for multiple reasons, like how the teachers and children are there for you through your ups and down. How they are never willing to give up helping everyone. Another point is, how everybody is so welcoming even though none of us joined at the same time or have the same personalities **but it feels like we were all made for BPS and that's what makes it so special**. Finally, another amazing quality of BPS (I can't name all of them) is how they prepare you for anything and everything. For example, this year its my 11+ year and I couldn't have possibly improved so much in all my subjects if all my teachers hadn't put in so much effort in to help me.



Theodora, Year 5

BPS is very special because I have been here for 6 years so **it's like my second home** - all of the people are really nice and are always very supportive.

All the teachers are really kind they always help you and I feel if someone didn't believe in themselves, then by spending time at BPS, it would not take you long to learn how to be your best and believe in yourself.



Up, Up and Away!

Kindergarten Explore Hot Air Balloons

As part of Kindergarten's exciting transport topic this half term, the children have been reaching new heights—literally and figuratively—as they explored the magical world of hot air balloons. From learning the science behind how balloons rise to conducting their very own experiments, it's been a week filled with wonder, discovery, and plenty of floating fun!



The children were fascinated to learn about the different parts of a hot air balloon, including the basket where passengers travel, the burner that heats the air, and the envelope—the large colourful balloon that rises into the sky. They also amazed us with their enthusiasm for some rather grown-up vocabulary, confidently talking about molecules, helium, and how hot air rises.



On Wednesday, Kindergarten became scientists for the day. Their challenge? To find out whether a balloon blown up by Mrs Ward or one filled with helium would float higher. Predictions were made and excitement filled the room as the helium balloon clearly won the race.

"It was a brilliant way to bring science to life," said Mrs Ward. "The children were so engaged—they loved watching the balloons float and were full of questions. It's been a joy to see their confidence grow."

The fun continued with balloon races to the ceiling, followed by some wonderful creativity as the children made their own mini hot air balloons to take home. We hope they all landed safely!

This mini-topic has truly lifted the children's learning, blending science, art, and lots of fun. What a fantastic journey!



Adventure of a Lifetime

Year 6 Residential – Outward Bound Trust, Ullswater, The Lake District

What a week! Our Year 6 adventure to Ullswater was nothing short of extraordinary – a journey of challenge, discovery, and unforgettable memories.

From the moment we arrived, we were immersed in a world of adventure. We pushed ourselves beyond our comfort zones and discovered that we were capable of more than we ever imagined. Whether it was climbing to breathtaking summits, scrambling up gorges, or launching ourselves into the lake with the infamous “jog and dip”, every moment was filled with courage and excitement. Working together in our groups, we harnessed the learning process in our woodland learning pods and tackled every new activity and adventure with a growth mindset.



We embraced the outdoors with open arms – canoeing, rowing, and swimming in the stunning waters of Lake Ullswater. The love of water was real!

Early evenings were just as magical, with cookouts and the most incredible views. Cooking our own meals outdoors was a new and rewarding experience – one we'll never forget!

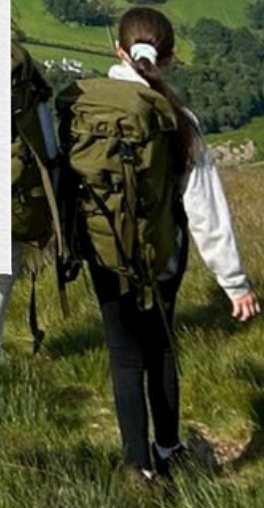
We developed a deep appreciation for the environment and the natural beauty of our surroundings – always mindful to leave only our footprints behind.

Throughout the week, we learned the true meaning of trust and teamwork. We supported and encouraged one another every step of the way, embodying our school values: Believe, Persevere, Succeed. The laughter, smiles, and cheers of encouragement echoed through every activity.

A heartfelt thank you to the amazing instructors and staff at Outward Bound for guiding us through every adventure and equipping us with an increased level of confidence and independence that we'll take with us as we transition to our new secondary schools. And a huge thank you to our dedicated BPS staff for making this opportunity possible.



ULLSWATER 2025
HIGHLIGHTS







Wiz Wham Alakazam!

A Magical Adventure On Stage by Year 1 and 2

Our talented Year 1 and 2 children truly lit up the stage in their spectacular performance of Wiz Wham Alakazam! With vibrant costumes, toe-tapping songs, and just the right touch of magic, the show was a joyful celebration of their creativity, teamwork, and dedication.

Beyond the sparkle and fun, the children explored powerful themes—learning about the value of collaboration, the importance of listening, and the joy in embracing what makes each of us unique. Their confidence radiated from the stage, and it was heartwarming to see how much they had grown through the rehearsal and performance process.



A heartfelt thank you goes to Mrs Stiles for teaching the songs with such care and energy, to Miss Fan for her fantastic accompaniment on the piano, and to Mrs Lloyd-Wilson for being an amazing drama teacher! We are also incredibly grateful to Mrs Chapman, Miss Nassari and Mrs Latter for designing the magical set and creating the brilliant props that brought the story to life. Huge thanks as well to all the Year 1 and 2 teachers for their support and encouragement throughout the production.

"The real magic came from the children's hard work, enthusiasm, and the way they supported one another on stage."

We also want to extend our sincere appreciation to all our wonderful parents and carers for your help at home—whether it was crafting costumes, running lines, or singing along with rehearsals in the kitchen. Your support made a real difference.







**Scan here to watch
Emily's performance!**

All the World's a Stage: Emily E Steps into Shakespeare

Emily E had the honour of attending the prestigious Prize Winner's Event for the ISA Shakespeare Monologue Competition, held at the historic Mary Arden's Farm—childhood home of Shakespeare's mother and a place steeped in Elizabethan charm.

As part of the day's celebrations, Emily took part in an inspiring Shakespearean drama workshop before performing her winning monologue in front of fellow prize-winners, their families, and event organisers. Her confident delivery and expressive performance were a true highlight in a gathering of exceptional young talent.

Reflecting on the experience, Emily's mum shared, "It was a wonderful day for her. Such an array of talent, and we felt so lucky to listen to the monologues in such a beautiful and unique setting. A special day and one to remember for sure."

To top it all off, Emily discovered a real donkey on the farm—a delightful nod to *A Midsummer Night's Dream* and the perfect whimsical touch to end a day full of Shakespearean magic. Reflecting on the day Emily said, 'It was exciting to be around to others as passionate about drama as me and I found it incredibly inspiring to be walking in the footsteps as Mary Arden and William Shakespeare himself!'



**Sport
@BPS**



BOWDON SPORT

STARS SHINE AT ISA NATIONALS

Our girls medal and impress on the national stage in Birmingham

We are thrilled to celebrate the exceptional achievements of our young athletes who represented Bowdon Prep and the North region at the prestigious ISA National Athletics Championships, held at Alexander Stadium in Birmingham—the iconic venue of the 2002 Commonwealth Games.



After excelling in the regional qualifiers, Anastasia, Eleanor, Amelia, and Giuliana earned their places on the North squad and competed against some of the finest young athletes from across the country. Anastasia delivered a remarkable performance, achieving a personal best of 1.26m in the High Jump, which secured her a silver medal!



She also played a crucial role in the 4x100m relay team, helping them clinch another silver for the region.

Giuliana also sprinted to success as part of the North's 4x100m relay team, finishing 2nd and proudly adding another silver medal to the team's tally.



Amelia impressed in the Long Jump, finishing 6th overall against tough competition, while Eleanor showed incredible determination in the 600m, earning a 9th place finish in a very strong field.



Reflecting on the event, Mrs Hughes said, "We are so proud of the girls for representing Bowdon Prep and the North region with such determination, sportsmanship and skill. A huge thank you to Mrs Baxter for supporting the team throughout this journey. Also, it goes without saying, a huge thank you to all the parents who made the journey to cheer on our athletes"

It was a day full of pride and inspiration, marking a memorable milestone for Bowdon Prep and the North region at a national level. Well done to all!



**Do you have a sporting story
for our Bulletin?
See Mrs. Hughes!
You can email the story and
photographs to...**



photos@bowdonprep.org.uk



Mrs Hughes
Head of Sport

UPCOMING FIXTURES

**Y4 (A+B)
ROUNDERS
VS ST.VINCENTS (AWAY)
TUESDAY, 23RD JUNE**

**Y3 (A+B)
ROUNDERS
VS LADY BARN (HOME)
WEDNESDAY 24TH JUNE**

**Y6
NATIONAL LACROSSE
FINALS
STOKE
THURSDAY 25TH JUNE**



**BELIEVE. PERSEVERE.
SUCCEED.**

Staff of the Week

Each week, the School Council presents this prestigious award during the Celebration Assemblies..



Mrs Cayzer

A huge well done to Mrs Cayzer for star staff of the week. She creates fun and interactive lessons and is such a calm and caring teacher. We are lucky to have her at BPS.

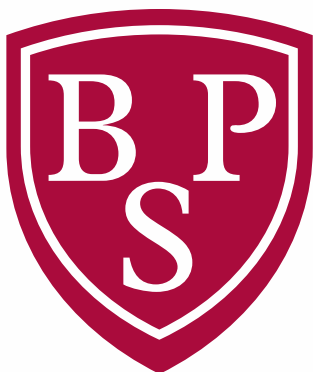


Mrs Hughes

Congratulations to Mrs Hughes for organising such a wonderful sports day for the whole school. A lot of hard work and preparation goes into each event and the girls absolutely love the day. Thank you and well done!



BOWDON PREP SCHOOL



**BELIEVE
PERSEVERE
SUCCEED**



ASHLEY RD, ALTRINCHAM, WA14 2LT