



14 March 2025



Girls on Board – Be the Game Changer – by Mrs Hughes

We always encourage our girls to be their own person and be proud of their individual skills, qualities and talents at Bowdon Prep. Enabling all our pupils to have many moments to shine brightly, within all aspects of school life, is at the heart of everything we do.

As our pupils move through their BPS journey, they will experience many leadership opportunities where their thoughts, ideas and contributions can be heard and implemented. During form-time discussions, being a part of the School Council, welcoming visitors into school or being part of a team to solve a maths problem in lessons, all create moments for pupils to be involved and empowered. This is even more apparent in Y6, **where every girl receives a leadership role**, which will not only develop their confidence further, but supports them with their transition to secondary school. Here, our girls have the opportunity to become a **Game Changer** and influence their peers and members of our school community in a positive and inspiring way.

Our 'Girls on Board' programme also enables our girls to be the ultimate Game Changers when it comes to dealing with friendships. We all know that finding happy and secure friendships remains a priority for our girls, yet it can sometimes seem a little tricky and worrying to navigate. Using the Girls on Board principles, our girls are encouraged to steer their own friendship rafts to ensure that they and those around them feel happy and included. Our Girls on Board Champions have been highlighted as pupils who look out for others and have the ability to be Game Changers within this area of social development.

Bowdon Bulletin



Bowdon Preparatory
School for Girls

This week has most definitely encapsulated what it means to be a Game Changer and we're so proud of our pupils' enthusiasm and energy in leading the way. Here are some of our Game Changing highlights this week:

- Kindergarten have been studying the female Mexican painter, Frida Khalo
- 2H & 4G led inspiring assemblies on International Women's Day
- Whole school Walk-A-Thon in aid of Sport Relief
- Our cross-country runners competed with grit and determination at the ISA National Finals
- Our musicians took to the stage to deliver a wonderful assembly promoting what amazing musical talent we have here at Bowdon Prep
- Our Year 6 netballers were crowned U11 ISA National Netball Champions this week! This is the third time in four years that we have been the best U11 netball team in the country! Talk about Game Changers!

We need to teach our girls less about fitting into glass slippers and more about smashing those glass ceilings! Be a Game Changer, the world already has enough followers.

A *thought*
TO START
YOUR WEEK

**You must be the
change you want to
see in the world**



**Happy, Healthy,
Safe School**

**Sleep patterns and to
understand the
importance of sleep**

Parents' Information Board

WC 17 March 2025

Go Explore – Year 2

Monday

Greater Mcr Sports Hall Athletics Finals

Trafford Junior Netball

Cancelled: Y5 after school netball

Cancelled: Y6 Lacrosse fixture

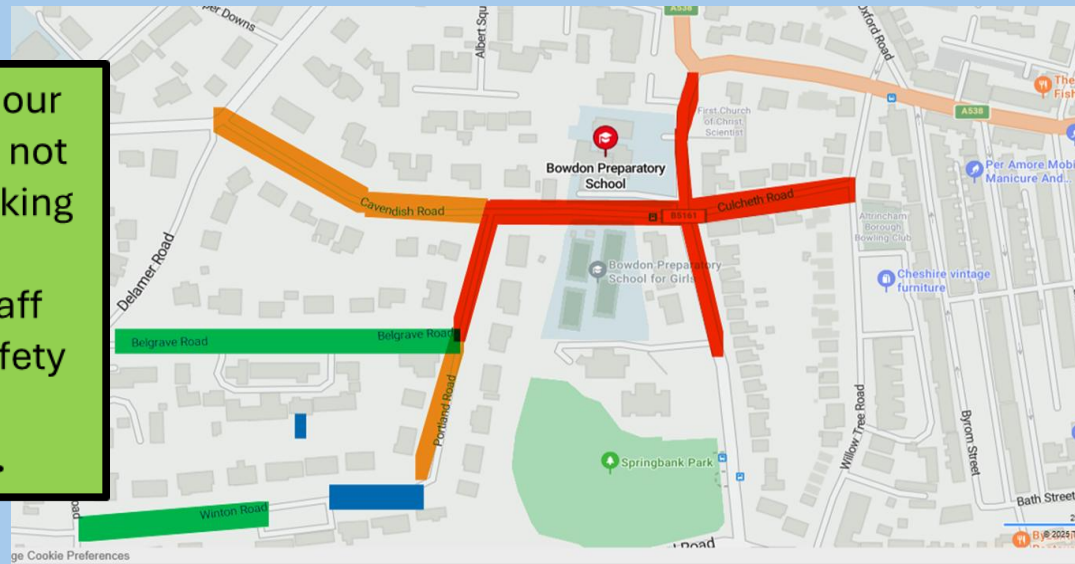
Thursday

Y5 Trip

Please continue to show kindness to our school neighbours, ensuring cars are not parked over driveways and by not parking on roads we have noted as red.

Please do not drive or turn into the staff car park, as this compromises the safety of pupils, parents and staff.




Thank you for your cooperation.





BPS Society Easter Scavenger Hunt!

Hop into some Easter fun after pick up on **Tuesday 1 April**

- KG to Y2 will hunt in the **playground** at **3:30pm**
- Y3 to Y6 will hunt on the **school fields** at **3.45pm**.
- Complete challenges, find hidden letters, and win a **chocolatey Easter Egg prize!**   The **Easter Bunny** will be there too! 

This is a **BPS Society event**, not a school activity. Once pupils have been dismissed, **parents and carers are responsible for supervising their children at all times**. Please note, there will be separate arrangements for children in Activate, please contact Activate directly.

If you can offer any time to help, please contact your Class Rep.

International Women's Day

We honoured and recognised the amazing achievements of women all around the world last week. From scientists and artists to teachers and leaders, women have made incredible contributions to our society.

We are proud to be part of our BPS community, full of strong, smart, and talented women and girls where we always remember that everyone has the potential to achieve great things and make a difference in the world!

Go, Coco!





On Tuesday, pupils from Kindergarten to Y6 participated in a **sponsored walk** to raise funds for **Sport Relief**.

The event was a fantastic display of community spirit and determination, with children of all ages walking together to support a great cause.

Along the way, there were plenty of smiles, laughter, and encouragement, making it a memorable day for everyone involved.

Thanks to the generous sponsorship from our BPS community, we were able to raise much needed funds for Sport Relief. This contribution will go a long way in supporting various sports initiatives and helping those in need.

We are incredibly proud of our girls for their effort and dedication. A big thank you to everyone who supported and participated in this event.

Together, we made a difference!

Sports Board

ISA National Finals in Leicestershire

Congratulations to our 5 cross country runners who took part in the at the weekend.

With a tough, muddy course our girls showed amazing grit and determination. Congratulations to Athena, Annie, Claudia and Eleanor for competing so well and a special well done to Imogen in Y4 who achieved a bronze medal in the U9 Girls' race.



Eleanor, Y6 Sports Captain: On Sunday 9 March, 5 girls gathered their running shoes and their confidence and set off to compete in the **ISA National Cross Country Finals**. Y4 completed a 1500m on a tough course, seeing Imogen in Y4 win a bronze medal!

Y6 completed a 2000m race with the same tough and muddy conditions. The huge event was held at Mallory Park Circuit in Leicestershire. We have never had as many as 5 girls from BPS compete at this event before and one quarter of the entire junior girls team was from BPS!

ISA U11 National Netball Champions!!!

Year 5 v Lady Barn – 5A – Lost 8 – 11, 5B - Won 7 – 0, 5C – Lost – 1 – 4

Twycross – Won 21 – 0

Boundary Oak – Won 15 – 0

Copthill – Won 13 – 4

Abbots Hill – Won 20 – 0

Polwhele – Won 16 – 0

The Study – Semi Finals – Won 11 – 6

Alderley Edge - Final – Won 10 – 4



Y6 Sports Captains: 10 Y6 girls competed against 27 other schools in the **ISA Netball Nationals** this week. We set off for a 2 hour journey but it ended up being a 4 hour journey because of an accident on the M6 and sadly missed out first match against Weston Green. At the end of our group stage, we had scored 85 goals and only conceded 5. We were undefeated in our group and got through to the cup which was the highest group. In the semi-finals we played The Study and won 11-6, which gave us a place in the final against Alderley Edge. We dominated the play and won 10-4 which meant we were the **ISA U11 NATIONAL NETBALL CHAMPIONS!!**

This is the third time in 4 years, we have won the nationals four times since joining ISA in 2017 and have been national netball champions in 2017, 2022, 2023 and 2025!!

Next Week's Fixtures

Monday: Greater Manchester Sports Hall Athletics Finals with APS for our Y6 athletes

Tuesday: ISA U10 Netball Tournament (at Bowdon Prep)

Thursday: Y5 A&B v Y6 B&C Netball Inter Year - Home - 3.45pm
Greater Manchester Mixed Lacrosse Finals for Year 6

The School Council dedicate
this prestigious award each
week during the Celebration
Assemblies

Staff Updates



Staff of the week

Awarded to **Mrs Chapman**, her creative and amazing artwork she creates with the girls is such a treat and we are so lucky to have her. Congratulations to the lovely **Mrs Fan**, her caring, calm and supportive nature is wonderful to have at BPS.



Staff Updates

Congratulations to Mr and Mrs Walker
on the safe arrival of baby Ronnie.
We can't wait to meet him!



Congratulations to Mrs Baxter who
became the Cheshire County over
50's tennis champion – we are very
proud of you! You surely embody our
school values of

Believe, Persevere and Succeed!



Uniform Notice Board

- On PE days, **stud earrings should be removed or covered with tape BEFORE your daughter arrives in school.** Participation in PE may be affected if this Health and Safety requirement is not adhered to.
- Following consultation with Class Reps, **summer uniform will be worn** when school returns after the **Easter break**. Dresses can be worn with white tights if the weather is cold. Winter uniform will be worn when school returns in September with the option to wear a short sleeve blouse if weather is warm.

Uniform can be ordered online -

www.pascoeandwillis.com/bowdon-preparatory-school - Password: BPS24

Uniform Shop opening hours at BPS:

Tues 18 March: 8.10am – 9am

Thurs 13 March: 8.10am – 9am

Please click [here](#) to see the uniform policy.



Required	K/Garten	Pre-Prep	Prep	Optional	
Winter					
BPS navy coat or blazer	✓	✓	✓		
BPS navy pinafore	✓	✓	✓	BPS navy skirt	Y5/6
BPS long sleeve striped blouse	✓	✓	✓	BPS short sleeve striped blouse	
BPS felt hat		✓	✓ Y3/4	BPS hat and scarf	
Navy tights or BPS socks	✓	✓	✓	Navy gloves	
BPS cardigan	✓	✓	✓		

Summer					
BPS blazer	✓	✓	✓		
BPS red rain jacket	✓	✓	✓		
BPS summer dress	✓	✓	✓		
BPS summer panama hat		✓	✓ Y3/4		
BPS red summer hat	✓				
BPS cardigan	✓	✓	✓		
White ankle socks	✓	✓	✓	Undershort	

Mrs Abbey's Menu of the Week

Wc 17 March 2025



Monday	Roast Chicken or Roast Quorn Roast Potatoes	Carrots and Cauliflower Cheese	Cornflake Cakes
Tuesday	Cheese, Tomato or Carbonara Pasta	Broccoli	Mango and Orange Sorbet
Wednesday	Pizza	Baked Beans and Sweetcorn	Fresh Fruit or Yoghurt
Thursday	Chicken or Veggie Escalope Crispy Potatoes	Peas	Chocolate Cupcakes
Friday	Pork or Veggie Sausages	Green Beans and Baked Beans	Orange Cookies

BPS is a nut and sesame seed free school

However, due to manufacturing processes, some products used in the school kitchen state that they 'may contain nuts/sesame'.

Vegetarian options, salad bar, fruit and yoghurts are available daily.

All our food is made using the finest quality produce. Suppliers include Taylor's of Sale (butchers) and 'Bettaveg'.

If you provide grapes as a school snack, for health and safety - PLEASE cut grapes in half lengthways or in quarters

The BPS / APS Society Unity Ball - 16 May 2025

B P S **A P S**
STUDUM VINCI

THE UNITY ball

A night of glitz & glam

FRIDAY | MAY 16TH | 7.30PM- 1AM
£70 PER TICKET

STOCK FARM BARN, ASHLEY ROAD
Tickets on sale from 9am Friday 7th
March

- A Night of Indulgence & Entertainment •
- ★ 3-Course Exquisite Dining – A feast to remember ★
- 🎵 Live Band & DJ – Dance the night away 🎵
- ★ Spectacular Entertainment – Expect the unexpected! ★

This event is being organised by the APS & BPS society

proceeds from the evening's auction are being donated to Once upon a Smile

🎉 APS & BPS Unity Ball – Tickets Now Live! 🎉

We're thrilled to announce that tickets for the APS & BPS Unity Ball are now available to buy!

This will be an unforgettable evening, complete with delicious food, top-tier entertainment, and plenty of dancing. All you need to do is decide what to wear—it's a Black-Tie event, so get ready to dress to impress!

How to Book:

Click <https://apssociety.hopp.to/unityball> - fill in your details, including names, year group, dietary requirements, and number of tickets required. To avoid any booking fees, BPS is working with the APS Society who are kindly managing the tickets applications for both BPS & APS society. When **making payment, please include the word "UNITY"** after your name in the payment reference.

This will be a sell-out event, so don't delay!

We can't wait to celebrate with you all!

Best wishes, The BPS Society



Easter Holidays at Bowdon Prep, Free First Day for New Parents!

With the Easter Holidays only a month away, keeping your children engaged and happy during the school break can be challenging.

School of Play's Multi-Activity Holiday Camp at Bowdon Prep provides a fun-filled environment where children can learn, stay active, and make friends.

For more information or to secure your child's place, please visit their website:

<https://www.schoolofplay.org.uk/holiday-camps/>

New parents to School of Play, you can also take advantage of a free day offer by completing this 10-second form:

<https://forms.office.com/e/fX8uKtPpnE>

Wishing you a wonderful weekend...

#Be Bowdon
#Be You!

